



# MEETING INTERNACIONAL DO PORTO WOS

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**04 05**  
**JUNHO**  
**2016**

**COMPLEXO  
PISCINA DE CAMPANHÃ  
FC PORTO**



## Entry Statistics

## All Events

Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
A.C.S. Ciprian Sf. Gheorghe	ACSC	ROU	1	1	2	2	3	5	-	-	-
Academia Cult Rec Concelho Castro	CACRCCD	POR	2	2	4	4	6	10	-	-	-
Arouca	CJSA	POR	-	1	1	-	1	1	-	-	-
Ass. Desp. Bairro dos Anjos /BOMCA/ADBA		POR	7	-	7	22	-	22	-	-	-
Gafanha da Encarnacao	CAPGE	POR	4	5	9	11	12	23	-	2	2
Assoc. Desportiva de Fafe	ADF	POR	4	4	8	15	13	28	1	1	2
Associacao Desportiva de Ponte da	EADPB	POR	-	1	1	-	3	3	-	-	-
Associacao Natacao do Distrito Sant	SANDS	POR	6	6	12	22	22	44	2	2	4
CCD Estrelas S.Joao de Brito	ESJB	POR	1	1	2	6	3	9	-	-	-
CCD Pess. Camara Munic. da Serta	CCDPCMS	POR	-	1	1	-	1	1	-	-	-
Club Esportiu Mediterrani	CEM	ESP	4	17	21	13	59	72	2	2	4
Club Natacion Santa Olaya	CNSO	ESP	6	3	9	18	9	27	2	-	2
Clube Aquatico Pacense	CAP	POR	7	7	14	14	15	29	2	2	4
Bombeiros Ponta Delgada	CAFBDP	POR	1	1	2	2	1	3	-	-	-
Clube de Natacao Colegio Vasco da	CNCVG	POR	3	-	3	7	-	7	-	-	-
Clube de Natacao da Maia	CNMAIA	POR	3	3	6	6	10	16	-	-	-
Clube de Natacao de Torres Novas	CNTN	POR	2	-	2	3	-	3	-	-	-
Clube de Natacao do Fundao	CNFU	POR	1	-	1	2	-	2	-	-	-
Clube de Natacao do Tejo	CNTEJO	POR	-	1	1	-	3	3	-	-	-
Clube Desportivo de Campinho	CDCA	POR	1	3	4	1	5	6	-	-	-
Clube Desportivo Estarreja	CDE	POR	9	10	19	12	19	31	2	2	4
Clube Desportivo Feirense	CDF	POR	6	1	7	16	2	18	-	-	-
Clube Fluvial Portuense	CFP	POR	15	5	20	31	12	43	2	2	4
Clube Fluvial Vilacondense	CFV	POR	3	4	7	7	12	19	-	-	-
Clube Nacional de Natacao	CNN	POR	-	4	4	-	8	8	-	2	2
Clube Natacao de Rio Maior	CNRM	POR	-	4	4	-	16	16	-	-	-
Clube Sport Alges e Agueda XXI	CSAAXXI	POR	-	4	4	-	15	15	-	-	-
CN Brest	CNB	FRA	5	1	6	20	4	24	2	-	2
Colegio Liceal Santa Maria de Lamas	CLAMAS	POR	3	6	9	6	17	23	-	1	1
Escola Desportiva de Viana	EDV	POR	3	3	6	6	7	13	-	-	-
Estamos Juntos	AEJ	POR	5	3	8	8	9	17	-	-	-
FOCA - Clube de Natacao de Felguei	FOCA	POR	5	9	14	16	26	42	2	2	4
Futebol Clube do Porto	FCP	POR	15	24	39	33	57	90	2	2	4
Ginasio Clube de Santo Tirso	GCST	POR	-	1	1	-	2	2	-	-	-
Ginasio Clube de Vila Real	GCVR	POR	2	4	6	7	12	19	-	1	1
Famalicao	GDNVNF	POR	14	9	23	37	19	56	-	-	-
HC Mealhada/Credito Agricola	HCM/CA	POR	2	-	2	7	-	7	-	-	-
Individual Norte de Portugal	INDANP	POR	1	2	3	2	5	7	-	-	-
Leixoes Sport Clube	LSC	POR	9	4	13	21	13	34	-	-	-
Lousada Seculo XXI	LSXXI	POR	-	2	2	-	7	7	-	-	-
Louzan Natacao	ALN	POR	1	1	2	4	4	8	-	-	-
Natacao de Valongo	CNV	POR	5	7	12	9	20	29	-	-	-
Portugal	POR	POR	8	8	16	42	25	67	2	2	4
Region Zentralschweiz-West	RZW	SUI	11	10	21	53	47	100	-	-	-
Seleccao do Interior Centro	SANIC	POR	4	2	6	10	5	15	-	-	-
Sociedade Filarmonica Gualdim Pais	SFGP	POR	1	5	6	2	13	15	-	-	-
Sogeis Swim Team	SST	ITA	2	4	6	10	15	25	-	-	-
Sport Clube de Mirandela	SCM	POR	1	-	1	2	-	2	-	-	-
Sport Lisboa e Benfica	SLB	POR	7	6	13	26	20	46	-	-	-
Sporting Clube de Aveiro	SCA	POR	3	5	8	10	12	22	-	-	-

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Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
Sporting Clube de Braga	SCB	POR	8	5	13	25	13	38	2	-	2
Sporting Clube de Espinho	SCE	POR	1	1	2	1	1	2	-	-	-
Sporting Clube de Portugal	SCP	POR	4	5	9	14	20	34	-	-	-
Viana Natacao Clube	VNC	POR	2	3	5	4	9	13	-	-	-
Vitoria Sport Clube/Olicargo	VSC	POR	2	4	6	6	12	18	-	-	-
Total number of 55 clubs			210	223	433	595	644	1.239	23	23	46

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**Schedule Session No. 1 - Saturday, 4 de June de 2016**

**04-06-2016 - 9:00**

Warmup: 7:15 until 8:45

9:00	1.	50m Butterfly	Men	Timed Final	Abs	0:05	4 Heats
9:05	2.	100m Butterfly	Women	Prelim	Abs	0:05	4 Heats
9:10	3.	100m Backstroke	Men	Prelim	Abs	0:10	6 Heats
9:20	4.	200m Backstroke	Women	Prelim	Abs	0:20	5 Heats
9:40	5.	100m Breaststroke	Men	Prelim	Abs	0:10	5 Heats
9:50	6.	50m Breaststroke	Women	Timed Final	Abs	0:05	4 Heats
9:55	7.	200m Freestyle	Men	Prelim	Abs	0:30	11 Heats
10:25	8.	400m Freestyle	Women	Prelim	Abs	0:55	10 Heats
11:20	9.	200m Medley	Men	Prelim	Abs	0:10	4 Heats
11:30	10.	50m Backstroke	Women	Timed Final	Abs	0:05	3 Heats
11:35	11.	200m Butterfly	Men	Prelim	Abs	0:10	4 Heats
11:45	12.	200m Breaststroke	Women	Prelim	Abs	0:20	5 Heats
12:05	13.	50m Freestyle	Men	Timed Final	Abs	0:05	5 Heats
12:10	14.	100m Freestyle	Women	Prelim	Abs	0:20	12 Heats
12:30	15.	4 x 50m Medley	Men	Prelim	Abs	0:05	2 Heats
12:35	16.	4 x 50m Freestyle	Women	Prelim	Abs	0:05	2 Heats
12:40	17.	1500m Freestyle	Men	Slower Heats	Abs	0:20	1 Heat
13:00	18.	400m Medley	Women	Slower Heats	Abs	0:05	1 Heat
13:05	End of session				Total duration	4:05	

**Schedule Session No. 3 - Sunday, 5 de June de 2016**

**05-06-2016 - 9:00**

Warmup: 7:15 until 8:45

9:00	23.	50m Butterfly	Women	Timed Final	Abs	0:05	3 Heats
9:05	24.	100m Butterfly	Men	Prelim	Abs	0:05	5 Heats
9:10	25.	100m Backstroke	Women	Prelim	Abs	0:15	7 Heats
9:25	26.	200m Backstroke	Men	Prelim	Abs	0:10	4 Heats
9:35	27.	100m Breaststroke	Women	Prelim	Abs	0:10	5 Heats
9:45	28.	50m Breaststroke	Men	Timed Final	Abs	0:05	4 Heats
9:50	29.	200m Freestyle	Women	Prelim	Abs	0:35	12 Heats
10:25	30.	400m Freestyle	Men	Prelim	Abs	0:45	8 Heats
11:10	31.	200m Medley	Women	Prelim	Abs	0:15	6 Heats
11:25	32.	50m Backstroke	Men	Timed Final	Abs	0:05	2 Heats
11:30	33.	200m Butterfly	Women	Prelim	Abs	0:10	3 Heats
11:40	34.	200m Breaststroke	Men	Prelim	Abs	0:15	4 Heats
11:55	35.	50m Freestyle	Women	Timed Final	Abs	0:05	5 Heats
12:00	36.	100m Freestyle	Men	Prelim	Abs	0:15	11 Heats
12:15	37.	4 x 50m Medley	Women	Prelim	Abs	0:05	2 Heats
12:20	38.	4 x 50m Freestyle	Men	Prelim	Abs	0:05	2 Heats
12:25	39.	800m Freestyle	Women	Slower Heats	Abs	0:15	1 Heat
12:40	40.	400m Medley	Men	Slower Heats	Abs	0:05	1 Heat
12:45	End of session				Total duration	3:45	

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1 - Saturday, 4 de June de 2016

04-06-2016 - 9:00

Event 1 04-06-2016 - 9:00	Men, 50m Butterfly C�mara Municipal do Porto				Absolutos Startlist
Recordes Nacionais 50m Open	23.72	MORGADO, Simao Gomes	POR	M�laga (ESP)	05-04-2009
Recordes Nacionais 50m 17	24.89	VENANCIO, Tiago Andre	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m 18	25.03	NASCIMENTO, Miguel Duarte	POR	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	MORGADO, Simao Gomes	POR	M�laga (ESP)	05-04-2009
Recorde Meeting	24.46	COURTOIS, Damien	SUI	Porto	01-06-2008
TLP ABS MASCULINOS : 27.28					

Pista	Nome	Sexo	Licen�a	Cat	Ano	Clube	Tempo
<u>Heat 1 of 4, 9:00</u>							
3	SOUSA, Joao Ribeiro	M	123014	Abs	01	Porto	28.14
4	ABDULLAHU, Thesar	M	23985	Abs	98	Region RZW	27.07
5	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	27.27
<u>Heat 2 of 4, 9:00</u>							
2	SILVA, Pedro Ferraz	M	104441	Abs	98	Aquatico Pacense	26.73
3	KEMPTER, Felix	M	23815	Abs	97	Region RZW	26.51
4	GRACA, Nuno Miguel	M	105631	Abs	98	Escola Desportiva de Viana	26.39
5	MIGUEL, Marco Andre	M	109944	Abs	99	Seleccao de Santarem	26.43
6	SILVA, Joao Carlos	M	108379	Abs	98	Famalicao	26.69
7	BOISARD, Alexis	M	505029036/Abs51F97			CN Brest	27.02
<u>Heat 3 of 4, 9:00</u>							
1	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	26.31
2	SOUSA, Ricardo Verissimo	M	25548	Abs	93	Colegio Vasco da Gama	26.09
3	RAMOS, Filipe Carmo	M	105197	Abs	97	Vilacondense	25.98
4	VOICU, Victor	M		Abs	97	Region RZW	25.77
5	LOPES, Joao Francisco	M	107561	Abs	98	Braga	25.88
6	CLEMENTE, Bernardo Santos	M	109157	Abs	98	Ba/Bomcar	26.02
7	PERRILLON, Mathieu	M		Abs	98	CN Brest	26.11
8	GOMES, Claudio Dias	M	105039	Abs	95	Gafanha da Encarnacao	26.32
<u>Heat 4 of 4, 9:05</u>							
1	ASCENSAO, Joao Miguel	M	107710	Abs	97	Porto	25.62
2	TRIGO, Hugo Guilherme	M	104980	Abs	97	Sporting Clube de Aveiro	25.35
3	QUINTANILHA, Nuno Goncalo	M	12902	Abs	87	Colegio Vasco da Gama	25.07
4	PEREIRA, Luiz Ribeiro	M	148722	Abs	91	Benfica	24.53
5	STAUB, Ivo	M		Abs	95	Region RZW	24.58
6	LEUTHARD, Manuel	M	22950	Abs	98	Region RZW	25.10
7	MOREIRA, Diogo Fontes	M	13359	Abs	93	Leixoes	25.50
8	FERNANDES, Pedro Miguel	M	110494	Abs	99	Vit�ria de Guimaraes/Olicargo	25.74

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Event 2	Women, 100m Butterfly				Absolutos
04-06-2016 - 9:05	VITALIS				Startlist Prelim
Recordes Nacionais 50m Open	58.76	OLIVEIRA, Sara Freitas	POR	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Inf B	1:08.02	FERNANDES, Ines Camacho	SCP	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Inf A	1:04.70	GUEDES, Ana Margarida	GCVR	Loul�	20-07-2014
Recordes Nacionais 50m Juv	1:03.88	FERNANDES, Ines Camacho	POR	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m 15	1:03.14	FRANCISCO, Ana Rita	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m 16	1:01.48	CRUZ, Sara Francisco	ADBA	Faro	20-07-2009
Recordes Nacionais 50m 17	1:00.95	OLIVEIRA, Sara Freitas	POR	Berlim (GER)	01-08-2002
Recordes Nacionais 50m 18 +	58.76	OLIVEIRA, Sara Freitas	POR	Budapeste (HUN)	12-08-2010
Recorde Meeting	1:00.88	OLIVEIRA, Sara	POR	Porto	02-06-2007

TLP JUN\_SEN FEM 16 +: 1:07.57 / TLP INF\_JUV FEM 12 - 15: 1:13.45

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 4, 9:05</b>							
2	GALLEN, Neus	F	21770607	Abs	01	CE Mediterrani	1:13.61
3	RODRIGUES, Daniela Oliveira	F	118056	Abs	02	Natacao de Valongo	1:12.62
4	DOMINGUES, Matilde Mota	F	122289	Abs	03	Colegio SMLamas	1:11.33
5	JOSE, Constanca Isabel	F	121266	Abs	01	Gualdim Pais	1:12.51
6	REBELO, Camila Rodrigues	F	122274	Abs	03	Louzan Natacao	1:12.86
7	FERRI, Mireia	F	46418648	Abs	04	CE Mediterrani	1:24.86
<b>Heat 2 of 4, 9:05</b>							
1	RIBEIRO, Nina Pinto	F	116914	Abs	02	Foca	1:09.53
2	GRAVETO, Ana Raquel	F	129628	Abs	02	Benfica	1:07.44
3	RIEMENSCHNEIDER, Kim	F		Abs	97	Region RZW	1:06.15
4	HENRIQUES, Ines Jacinto	F	120220	Abs	00	Portugal	1:03.86
5	CAMERON, Sheena	F		Abs	92	Region RZW	1:05.15
6	FERNANDES, Leonor Camacho	F	126576	Abs	02	Sporting	1:06.94
7	GALLINA, Francesca	F		Abs	01	Sogeis Swim Team	1:08.62
8	RIBEIRO, Mariana Oliveira	F	112134	Abs	01	Colegio SMLamas	1:10.85
<b>Heat 3 of 4, 9:10</b>							
1	TREMOCO, Raquel Antunes	F	124023	Abs	01	Sporting	1:09.34
2	BELO, Maria Margarida	F	126587	Abs	02	Sporting	1:07.30
3	MARTINS, Ana Beatriz	F	108375	Abs	99	Portugal	1:06.05
4	ZWICKY, Simone	F		Abs	92	Region RZW	1:02.83
5	SINDICO, Olivia	F	25925	Abs	00	Region RZW	1:04.24
6	MARQUES, Sara Silva	F	125960	Abs	01	Aquatico Pacense	1:06.77
7	BARBOSA, Mariana Fernandes	F	121985	Abs	02	Porto	1:08.44
8	CASTRO, Maria Freitas	F	124809	Abs	03	Assoc. Desportiva de Fafe	1:10.48
<b>Heat 4 of 4, 9:10</b>							
1	ORTEGA, Marina	F	47993890	Abs	00	CE Mediterrani	1:08.74
2	TIAGO, Filipa Vilas	F	10634	Abs	94	Clube Nacional de Natacao	1:07.16
3	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	1:05.96
4	MONTEIRO, Ana Catarina	F	24320	Abs	93	Vilacondense	1:00.79
5	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	1:04.06
6	ORTIZ DE GUINEA BASTON, Alba	F	52781271	Abs	97	CN Santa Olaya	1:06.34
7	NEVES, Margarida Malheiro	F	121259	Abs	01	Braga	1:08.08
8	FERNANDES, Filipa Viamonte	F	122198	Abs	02	Vitoria de Guimaraes/Olicargo	1:09.80

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Event 3	Men, 100m Backstroke				Absolutos
04-06-2016 - 9:10	TURBO				Startlist Prelim
Recordes Nacionais 50m Open	55.42	OLIVEIRA, Pedro Diogo	ESJB	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:05.69	VALENTE, Diogo Nuno	SCP	Oeiras	19-07-2015
Recordes Nacionais 50m Inf A	1:01.39	RIBAS, Alexandre Lages	EDV	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	59.97	SOUSA, Diogo Gomes	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	SOUSA, Diogo Gomes	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m 17	57.17	SANTOS, Alexis Manacas	POR	Praga (CZE)	12-07-2009
Recordes Nacionais 50m 18	55.79	LOPES, Gabriel Jose	POR	Singapore (SIN)	25-08-2015
Recordes Nacionais 50m Sen	55.42	OLIVEIRA, Pedro Diogo	ESJB	Coimbra	04-04-2015
Recorde Meeting	56.15	ENRICO, Catalano	ITA	Porto	04-06-2011

TLP JUN\_SEN MASC 17 +: 1:03.73 / TLP INF\_JUV MASC 13 - 16: 1:09.28

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 6, 9:10</b>							
3	ALBORS, Xavier	M	47595291	Abs	02	CE Mediterrani	1:24.77
4	FERREIRA, Nuno Filipe	M	119654	Abs	00	Foca	1:09.28
5	BALTAZAR, Telmo Sequeira	M	122590	Abs	00	Gafanha da Encarnacao	1:10.64
<b>Heat 2 of 6, 9:15</b>							
1	SOTELO, Pedro Freitas	M	124055	Abs	02	Viana Natacao	1:08.59
2	QUINTA, Jorge Coelho	M	120497	Abs	01	Leixoes	1:08.50
3	MARTINEZ, Adria	M	46497849	Abs	02	CE Mediterrani	1:08.38
4	GONCALVES, Fernando Gomes	M	123684	Abs	00	Natacao do Fundao	1:07.98
5	BARROSO, Bruno Carvalho	M	125969	Abs	01	Leixoes	1:08.29
6	LOURENCO, Tiago Campos	M	127923	Abs	02	Natacao de Valongo	1:08.47
7	MARTINS, Rui Pires	M	122177	Abs	01	Assoc. Desportiva de Fafe	1:08.53
8	COELHO, Rodrigo Manuel	M	122290	Abs	01	Clube Desportivo Feirense	1:09.28
<b>Heat 3 of 6, 9:15</b>							
1	PEIXOTO, Joao Freitas	M	122172	Abs	01	Assoc. Desportiva de Fafe	1:07.26
2	COSTA, Joao Nogueira	M	124315	Abs	01	Vitoria de Guimaraes/Olicargo	1:06.82
3	FERNANDES, Eduardo Gomes	M	117625	Abs	02	HC Mealhada/Credito Agricola	1:06.47
4	FREITAS, Joao Pinto	M	122926	Abs	01	Assoc. Desportiva de Fafe	1:06.31
5	GRACA, Tomas Afonso	M	127260	Abs	01	Benfica	1:06.35
6	ZENZA, Francisco Manuel	M	112097	Abs	01	Natacao da Maia	1:06.76
7	NUNES, Joao Miguel	M	108104	Abs	00	Aquatico Pacense	1:06.89
8	DIAS, Ivo Manuel	M	111508	Abs	00	Foca	1:07.54
<b>Heat 4 of 6, 9:15</b>							
1	PINHO, Manuel Antonio	M	126014	Abs	01	Clube Desportivo Feirense	1:05.48
2	KEMPTER, Felix	M	23815	Abs	97	Region RZW	1:03.71
3	TINOCO, Joao Pereira	M	111056	Abs	00	Famalicao	1:01.40
4	GAGULIC, Dario	M		Abs	98	Region RZW	58.63
5	WEUSTINK, Koen	M	112240	Abs	00	Ginasio de Vila Real	1:00.79
6	SAMPAIO, Jose Pedro	M	108295	Abs	98	Foca	1:02.39
7	ZINCA, Andrei Iulian	M	119453	Abs	00	Gafanha da Encarnacao	1:04.34
8	SANTOS, Pedro Miguel	M	121987	Abs	01	Porto	1:06.24
<b>Heat 5 of 6, 9:20</b>							
1	MOREIRA, Jose Salgado	M	121706	Abs	01	Famalicao	1:04.45
2	MORAIS, Hugo Gabriel	M	108637	Abs	00	Famalicao	1:03.31
3	SILVA, Job Santos	M	24351	Abs	96	Clube Desportivo Feirense	1:01.28
4	SANTOS, Francisco Rogerio	M	120268	Abs	98	Portugal	57.81
5	CORREIA, Joao Mota	M	102308	Abs	97	Benfica	1:00.47
6	GUIMARAES, Nuno Henrique	M	119147	Abs	99	Natacao de Valongo	1:01.75
7	CUNHA, Afonso Passos	M	118228	Abs	01	Famalicao	1:04.26
8	FIDALGO, Mateus Valente	M	122251	Abs	01	Clube Desportivo Estarreja	1:06.10

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Event 3, Men, 100m Backstroke, Prelim

Heat 6 of 6, 9:20

1	STAUB, Ivo	M		Abs	95	Region RZW	1:04.35
2	PINTO, Daniel Cipriano	M	123598	Abs	00	Sporting	1:02.65
3	BOUTIN, Gurvan	M	505029036	Abs	18F97	CN Brest	1:01.05
4	LOPES, Gabriel Jose	M	24488	Abs	97	Louzan Natacao	55.79
5	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	59.27
6	ROSA, Afonso Guilherme	M	103331	Abs	99	Seleccao de Santarem	1:01.48
7	CARVALHO, Mateus Ribeiro	M	119635	Abs	99	Famalicao	1:03.73
8	LEAL, Ricardo Luis	M	124173	Abs	01	Seleccao de Santarem	1:05.53

Event 4

04-06-2016 - 9:20

Women, 200m Backstroke  
Clinica Medica da Foz

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	2:15.27	AZEVEDO, Francisca Gomes	SAD	Coimbra	20-06-2015
Recordes Nacionais 50m Inf B	2:33.03	SOUSA, Keissy Joselin	FCP	Famaliç�o	27-07-1997
Recordes Nacionais 50m Inf A	2:23.57	AZEVEDO, Rafaela Gomes	POR	Genova (ITA)	20-06-2015
Recordes Nacionais 50m Juv	2:22.61	SILVA, Joana Carina	LSXXI	Povoa de Varzim	06-02-2011
Recordes Nacionais 50m 15	2:17.38	SILVA, Joana Carina	LSXXI	Coimbra	05-04-2012
Recordes Nacionais 50m 16	2:17.98	MARTINHEIRA, Catia Raquel	POR	Lima (PER)	18-08-2011
Recordes Nacionais 50m 17	2:15.53	FRISCHKNECHT, Rita Barros	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m 18 +	2:15.27	AZEVEDO, Francisca Gomes	SAD	Coimbra	02-04-2015
Recorde Meeting	2:14.13	IOPPI, Roberta	ITA	Porto	04-06-2011

TLP JUN\_SEN FEM 16 +: 2:35.56 / TLP INF\_JUV FEM 12 - 15: 2:49.09

Pista Nome Sexo Licena Cat Ano Clube Tempo

Heat 1 of 5, 9:20

3	RAMIREZ, Claudia	F	49321988	Abs	03	CE Mediterrani	3:15.90
4	RODRIGUES, Helena Nunes	F	125022	Abs	03	Alges e Agueda XXI	2:48.94
5	SILVA, Ema Santos	F	121891	Abs	03	Clube Desportivo Feirense	2:49.09

Heat 2 of 5, 9:25

1	SOARES, Catarina Silva	F	121977	Abs	03	Porto	2:46.09
2	SAMPAIO, Mariana Magalhaes	F	122166	Abs	03	Assoc. Desportiva de Fafe	2:44.47
3	BARBOSA, Adriana Freixo	F	123710	Abs	03	Viana Natacao	2:44.11
4	QUEIROS, Maria Oliveira	F	122867	Abs	02	Famalicao	2:43.27
5	RODRIGUES, Ana Beatriz	F	123480	Abs	02	Rio Maior	2:43.57
6	MACHADO, Joana Sofia	F	127918	Abs	02	Natacao de Valongo	2:44.23
7	FELGUEIRAS, Helena Isabel	F	122011	Abs	03	Natacao de Valongo	2:45.13
8	AGOSTINHO, Catia Iordan	F	127312	Abs	02	Rio Maior	2:47.86

Heat 3 of 5, 9:30

1	CAMPOS, Rita Alexandra	F	120820	Abs	02	Porto	2:40.34
2	GRILLO, Filipa Bile	F	121502	Abs	01	Benfica	2:36.37
3	BAETA, Patricia Palmeiro	F	112658	Abs	00	Seleccao de Santarem	2:32.96
4	SANTOS, Alexandra Jesus	F	117408	Abs	00	Leixoes	2:26.79
5	CUNHA, Beatriz Ribeiro	F	118314	Abs	01	Foca	2:29.27
6	CUNHA, Mafalda Pacheco	F	121589	Abs	02	Fluvial Portuense	2:34.93
7	MARTINS, Francisca Soares	F	126504	Abs	03	Foca	2:37.14
8	MENDES, Lea Alexandra	F	125768	Abs	03	Gualdim Pais	2:42.88

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Event 4, Women, 200m Backstroke, Prelim

Heat 4 of 5, 9:30

1	PEREIRA, Joana Santos	F	116524	Abs	00	Gafanha da Encarnacao	2:39.14
2	MACEDO, Rosana Marinho	F	111500	Abs	99	Foca	2:36.22
3	OLIVEIRA, Mafalda Joana	F	119096	Abs	02	Lousada SXXI	2:32.76
4	ZURFLUEH, Sarah	F		Abs	97	Region RZW	2:25.25
5	RALUCA, Artene Maria	F	12526	Abs	03	A.C.S. Ciprian	2:28.00
6	CORREIA, Mariana Delicado	F	123599	Abs	01	Sporting	2:33.76
7	SANTOS, Carolina Ascenso	F	121271	Abs	01	Natacao da Maia	2:37.03
8	PINTO, Sofia Gales	F	129409	Abs	01	Colegio SMLamas	2:42.58

Heat 5 of 5, 9:35

1	DUARTE, Ines Ferreira	F	118260	Abs	01	Seleccao de Santarem	2:39.12
2	RAMOS, Ana Rita	F	126775	Abs	02	Porto	2:35.55
3	JARDIM, Catarina Alexandra	F	104449	Abs	98	Famalicao	2:32.76
4	REBUSCO, Giulia	F		Abs	01	Sogeis Swim Team	2:18.25
5	SANCHO, Paula	F	46491992	Abs	02	CE Mediterrani	2:27.43
6	LOURENCO, Alice Carmo	F	122236	Abs	02	Viana Natacao	2:33.65
7	MAIA, Mariana Sousa	F	118219	Abs	02	Famalicao	2:36.47
8	CHULA, Ana Sousa	F	125019	Abs	01	Alges e Agueda XXI	2:41.73

Event 5

04-06-2016 - 9:40

Men, 100m Breaststroke  
GRAFIPRONGO

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	1:01.01	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Inf B	1:11.95	SANTOS, Andre Goncalo	LSC	Porto	24-07-2010
Recordes Nacionais 50m Inf A	1:09.91	SANTOS, Andre Goncalo	LSC	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	1:06.44	SANTOS, Andre Goncalo	POR	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	SANTOS, Andre Goncalo	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m 17	1:04.54	SILVA, Andre Miguel	POR	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m 18	1:02.87	SILVA, Andre Miguel	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	28-07-2013
Record Meeting	1:01.36	CATALANO, Alberto	ITA	Porto	20-06-2009

TLP JUN\_SEN MASC 17 +: 1:10.16 / TLP INF\_JUV MASC 13 - 16: 1:16.26

Pista Nome Sexo Licença Cat Ano Clube Tempo

Heat 1 of 5, 9:40

3	SOARES, Duarte Almeida	M	124850	Abs	01	Campinho	1:19.24
4	OLIVEIRA, Goncalo Santos	M	107484	Abs	00	Viana Natacao	1:17.84
5	CARVALHO, Gabriel Pereira	M	118792	Abs	01	Clube Desportivo Feirense	1:18.43

Heat 2 of 5, 9:40

1	GUIMARAES, Francisco Miguel	M	120859	Abs	01	Estamos Juntos	1:16.26
2	TAVARES, Pedro Oliveira	M	117059	Abs	01	Seleccao do Interior Centro	1:14.07
3	MERUJE, Joaquim Agra	M	121807	Abs	01	Seleccao do Interior Centro	1:12.31
4	JESUS, Afonso Guilherme	M	117174	Abs	00	Sporting	1:12.20
5	ALCOBIA, Guilherme Filipe	M	126473	Abs	01	Benfica	1:12.23
6	TEIXEIRA, Tiago Filipe	M	112114	Abs	00	Foca	1:12.79
7	MAIA, Bruno Miguel	M	126783	Abs	01	Natacao da Maia	1:15.51

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Event 5, Men, 100m Breaststroke, Prelim

Heat 3 of 5, 9:45

1	SANTOS, Miguel Angelo	M	109306	Abs	00	Famalicao	1:11.08
2	AMORIM, Alexandre Ferreira	M	103953	Abs	99	Colegio SMLamas	1:07.09
3	HEINIMANN, Oliver	M	20964	Abs	89	Region RZW	1:05.99
4	RAMOS, Filipe Carmo	M	105197	Abs	97	Vilacondense	1:04.80
5	SILVA, Sergio Baptista	M	15703	Abs	91	Porto	1:05.51
6	VELOSO, Mario Jorge	M	112051	Abs	98	Braga	1:06.75
7	FERRI, Daniel	M	46418647	Abs	99	CE Mediterrani	1:09.75
8	FRADE, Miguel Goncalves	M	120778	Abs	00	Seleccao de Santarem	1:12.09

Heat 4 of 5, 9:45

1	ABDULLAHU, Thesar	M	23985	Abs	98	Region RZW	1:10.93
2	LAMPART, Maurin	M	16512	Abs	94	Region RZW	1:07.09
3	VIAZZO, Giacomo	M		Abs	97	Sogeis Swim Team	1:05.72
4	VEGA TREJO, Juan Luis	M	9088636	Abs	97	CN Santa Olaya	1:04.70
5	CARRICO, Antonio Fernandes	M	106926	Abs	98	Portugal	1:05.27
6	PON, Hugo	M	110164	Abs	98	Portugal	1:06.14
7	GOMES, Filipe Miguel	M	107284	Abs	97	Ba/Bomcar	1:08.91
8	MELO, Edgar Ribau	M	124556	Abs	99	Gafanha da Encarnacao	1:11.96

Heat 5 of 5, 9:45

1	DOMINGUES, Bruno Pinto	M	119682	Abs	00	Ba/Bomcar	1:10.90
2	SILVA, Jorge Jesus	M	121941	Abs	00	Braga	1:07.04
3	COSTA, Diogo Miguel	M	110489	Abs	98	Porto	1:05.62
4	BAZZOLI, Andrea	M		Abs	94	Sogeis Swim Team	1:02.99
5	MIOSSEC, Mathieu	M	505029036	Abs	20F94	CN Brest	1:04.87
6	SCHERER, Roman	M	26177	Abs	95	Region RZW	1:06.01
7	KADOSA, Tompa Gyorgy	M	11410	Abs	00	A.C.S. Ciprian	1:08.00
8	SILVA, Daniel Pereira	M	111055	Abs	00	Famalicao	1:11.81

Event 6

Women, 50m Breaststroke

Absolutos

04-06-2016 - 9:50

VITALIS

Startlist

Recordes Nacionais 50m Open	31.60	CARVALHO, Joana Catarina	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m 16	31.92	RODRIGUES, Ana Pinho	POR	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m 17	31.60	CARVALHO, Joana Catarina	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m 18 +	31.83	RODRIGUES, Ana Pinho	AEJ	Coimbra	02-04-2015
Recorde Meeting	31.78	CHOCOVA, Petra	CZE	Porto	02-06-2012

TLP ABS FEMININOS : 36.34

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Heat 1 of 4, 9:50

3	MALDONADO, Lucia	F	49952306	Abs	04	CE Mediterrani	48.08
4	MERINO, Sara	F	47264514	Abs	01	CE Mediterrani	38.94
5	ZOUANE, Zahra	F	47323318	Abs	04	CE Mediterrani	43.93

Heat 2 of 4, 9:50

2	CURTO, Dalia Sofia	F	108816	Abs	95	Clube Nacional de Natacao	36.67
3	RODRIGUES, Ana Luis	F	122578	Abs	00	Campinho	36.10
4	PEREZ MASIP, Anna	F	49297942	Abs	03	CE Mediterrani	36.01
5	FONSECA, Francisca Ferreira	F	121585	Abs	97	Clube Nacional de Natacao	36.04
6	MARQUES, Mafalda Gilberto	F	126792	Abs	01	Seleccao de Santarem	36.30
7	VEIGA, Ana Filipa	F	125558	Abs	01	Gafanha da Encarnacao	36.79

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Event 6, Women, 50m Breaststroke

Heat 3 of 4, 9:50

1	OLIVEIRA, Rosa Maria	F	105858	Abs	96	Porto	35.82
2	HUCHTHAUSEN, Chantal	F		Abs	99	Region RZW	35.56
3	GONCALVES, Sofia Filipa	F	122990	Abs	01	Leixoes	35.54
4	CAMERON, Sheena	F		Abs	92	Region RZW	34.37
5	MAGALHAES, Barbara Vilela	F	119078	Abs	01	Porto	35.41
6	CUNHA, Beatriz Ribeiro	F	118314	Abs	01	Foca	35.55
7	LOPES, Ariana Santos	F	122846	Abs	00	Clube Desportivo Estarreja	35.76
8	SILVA, Beatriz Santos	F	112078	Abs	01	Porto	35.99

Heat 4 of 4

1	FERREIRA, Diana Patricia	F	23500	Abs	94	Aquatico Pacense	34.26
2	PEREIRA, Raquel Gomes	F	118469	Abs	00	Portugal	33.52
3	SILVA, Maria Madalena	F	116614	Abs	98	Seleccao de Santarem	33.17
4	RODRIGUES, Ana Pinho	F	13372	Abs	94	Estamos Juntos	32.07
5	ALCAUZAR, Ehari	F	46480118	Abs	99	CE Mediterrani	32.78
6	SILVA, Ines Rocha	F	117806	Abs	00	Portugal	33.38
7	BORGES, Claudia Ferreira	F	116591	Abs	99	Portugal	33.82
8	RAMIA, Gina	F	47443814	Abs	99	CE Mediterrani	34.35

Event 7

04-06-2016 - 9:55

Men, 200m Freestyle  
C mara Municipal do Porto

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	1:48.98	VAZ, Luis Emanuel	GDNVNF	Oeiras	25-07-2014
Recordes Nacionais 50m Inf B	2:06.18	NUNES, Joao Magalhaes	CNA	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:01.65	SANTOS, Joao Duarte	CNOL	S. Jo�o da Madeira	25-07-2009
Recordes Nacionais 50m Juv B	1:57.11	AGOSTINHO, Miguel Diogo	FBSC	Coimbra	24-07-2015
Recordes Nacionais 50m Juv B	1:57.11	AGOSTINHO, Miguel Diogo	FBSC	Coimbra	24-07-2015
Recordes Nacionais 50m Juv A	1:54.18	SANTA, Gustavo Manuel	POR	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m 17	1:53.32	SANTA, Gustavo Manuel	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m 18	1:49.98	VENANCIO, Tiago Andre	POR	Budapeste (HUN)	14-07-2005
Recordes Nacionais 50m Sen	1:48.98	VAZ, Luis Emanuel	GDNVNF	Oeiras	25-07-2014
Recorde Meeting	1:50.33	PELLICIARI, Matteo	ITA	Porto	31-05-2008

TLP JUN\_SEN MASC 17 +: 2:05.33 / TLP INF\_JUV MASC 13 - 16: 2:16.22

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 11, 9:55</b>							
3	SOUSA, Jose Moreira	M	118224	Abs	01	Famalicao	2:19.33
4	FERNANDES, Luis Tiago	M	111447	Abs	01	Famalicao	2:16.22
5	FERREIRA, Joao Renato	M	122254	Abs	01	Clube Desportivo Estarreja	2:16.27
<b>Heat 2 of 11, 9:55</b>							
1	FREIRE, Tiago Mendonca	M	116898	Abs	01	Leixoes	2:15.92
2	PICAO, Jose Pedro	M	118898	Abs	01	Leixoes	2:15.18
3	SOUSA, Miguel Filipe	M	123704	Abs	00	Fluvial Portuense	2:14.27
4	ALMEIDA, Andre Filipe	M	110492	Abs	00	Porto	2:13.91
5	PAIVA, Ruben Silva	M	121893	Abs	00	Clube Desportivo Feirense	2:14.02
6	OLIVEIRA, Joao Andre	M	121981	Abs	02	Porto	2:14.41
7	ORNELAS, Goncalo Gomes	M	127125	Abs	01	Fluvial Portuense	2:15.40
8	FERREIRA, Nuno Filipe	M	119654	Abs	00	Foca	2:16.22

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Event 7, Men, 200m Freestyle, Prelim

Heat 3 of 11, 10:00

1	DIAS, Sergio Eduardo	M	108011	Abs	00	Aquatico Pacense	2:13.79
2	VITORIA, Marcos Daniel	M	120510	Abs	00	Natacao de Valongo	2:13.18
3	DUARTE, Manuel Sardinha	M	123434	Abs	00	Ba/Bomcar	2:12.59
4	NOGUEIRA, Alexandre Jose	M	119081	Abs	01	Fluvial Portuense	2:12.25
5	BARROSO, Bruno Carvalho	M	125969	Abs	01	Leixoes	2:12.26
6	OLIVEIRA, David Miguel	M	125696	Abs	01	Clube Desportivo Estarreja	2:13.00
7	SILVA, Luis Afonso	M	123323	Abs	02	Clube Desportivo Estarreja	2:13.40
8	MELO, Joao Sa	M	118226	Abs	01	Famalicao	2:13.82

Heat 4 of 11, 10:00

1	MOREIRA, Ricardo Jorge	M	122012	Abs	01	Natacao de Valongo	2:12.18
2	FREITAS, Joao Pinto	M	122926	Abs	01	Assoc. Desportiva de Fafe	2:11.73
3	BASTOS, Diogo Moreno	M	108285	Abs	00	Fluvial Portuense	2:10.49
4	MARTINS, Rui Pires	M	122177	Abs	01	Assoc. Desportiva de Fafe	2:10.31
5	NEVES, Tomas Quintas	M	125144	Abs	00	Escola Desportiva de Viana	2:10.35
6	PINTO, Bruno Miguel	M	121335	Abs	00	Porto	2:11.69
7	CARBALLO PEREZ, Mario	M	58432990	Abs	01	CN Santa Olaya	2:11.91
8	TOME, David Emanuel	M	126011	Abs	03	HC Mealhada/Credito Agricola	2:12.22

Heat 5 of 11, 10:05

1	AMORIM, Ivan Emanuel	M	124774	Abs	02	Fluvial Portuense	2:09.78
2	ALMEIDA, Albino David	M	125643	Abs	99	O Crasto	2:08.75
3	NOVAIS, Tiago Miguel	M	117886	Abs	00	Escola Desportiva de Viana	2:06.99
4	SOARES, Joao Diogo	M	122731	Abs	00	Fluvial Portuense	2:06.78
5	TRAVANCA, Sergio Filipe	M	117385	Abs	00	Fluvial Portuense	2:06.99
6	SARAIVA, Joao Leite	M	118229	Abs	01	Famalicao	2:08.26
7	JORGE, Tiago Andre	M	119683	Abs	00	Ba/Bomcar	2:09.31
8	PINHO, Manuel Antonio	M	126014	Abs	01	Clube Desportivo Feirense	2:09.95

Heat 6 of 11, 10:05

1	MATIAS, Dario Fausto	M	106690	Abs	98	Torres Novas	2:05.28
2	BASTIAN ANTON, Angel	M	58427860	Abs	98	CN Santa Olaya	2:04.67
3	MAXIMO, Joao Luis	M	125641	Abs	98	O Crasto	2:04.15
4	DIONISIO, Bernardo Jose	M	123624	Abs	99	Gualdim Pais	2:03.88
5	SILVA, Paulo Filipe	M	117012	Abs	98	Natacao da Maia	2:03.92
6	FERNANDES, Pedro Miguel	M	110494	Abs	99	Vitoria de Guimaraes/Olicargo	2:04.43
7	LEAL, Ricardo Luis	M	124173	Abs	01	Selecao de Santarem	2:04.98
8	OLIVEIRA, Lino Ricardo	M	116866	Abs	99	Estamos Juntos	2:05.33

Heat 7 of 11, 10:10

1	FELGUEIRAS, Humberto Fernandes	M	105205	Abs	98	Natacao de Valongo	2:03.67
2	FAIA, Ricardo Alexandre	M	127384	Abs	00	Benfica	2:03.45
3	CRUZ, Miguel Angelo	M	101976	Abs	96	Aquatico Pacense	2:03.00
4	FERNANDES, Romeu Ribeiro	M	122171	Abs	01	Assoc. Desportiva de Fafe	2:02.60
5	MATIAS, Rui Jorge	M	107735	Abs	99	Vilacondense	2:02.86
6	LEBRE, Diogo Ramos	M	122294	Abs	01	Sporting Clube de Aveiro	2:03.07
7	PEREIRA, Joao Peixoto	M	121310	Abs	01	Braga	2:03.52
8	FERNANDES, Eduardo Gomes	M	117625	Abs	02	HC Mealhada/Credito Agricola	2:03.74

Heat 8 of 11, 10:10

1	SOUSA, Nuno Correia	M	110484	Abs	00	Fluvial Portuense	2:02.26
2	FREITAS, Jose Pedro	M	111446	Abs	00	Famalicao	2:01.74
3	BESSA, Antonio Rafael	M	102089	Abs	94	Aquatico Pacense	2:01.37
4	CAMPOS, Tiago Filipe	M	116573	Abs	99	Selecao de Santarem	2:00.85
5	SANTOS, Joao Pedro	M	105859	Abs	95	Clube Desportivo Estarreja	2:00.94
6	MOREIRA, Diogo Fontes	M	13359	Abs	93	Leixoes	2:01.67
7	CARVALHO, Alexandre Magno	M	108284	Abs	98	Fluvial Portuense	2:01.93
8	ALMEIDA, Luis Carlos	M	104527	Abs	98	Aquatico Pacense	2:02.36

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Event 7, Men, 200m Freestyle, Prelim

Heat 9 of 11, 10:15

1	ROSA, Afonso Guilherme	M	103331	Abs	99	Selecao de Santarem	1:59.78
2	FERNANDES, Jose Pedro	M	111611	Abs	99	Braga	1:58.13
3	RAMOS, Eduardo Salgado	M	106796	Abs	97	Porto	1:55.54
4	SANTOS, Joao Duarte	M	26430	Abs	95	Benfica	1:53.12
5	SANTOS, Francisco Rogerio	M	120268	Abs	98	Portugal	1:55.16
6	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	1:56.38
7	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	1:59.14
8	MENDEZ MIRANDA, Alfonso	M	58430679	Abs	99	CN Santa Olaya	2:00.59

Heat 10 of 11, 10:15

1	DANTAS, Diogo Leal	M	123594	Abs	00	Sporting	1:59.72
2	MORIM, Ruben Jose	M	107935	Abs	97	Vilacondense	1:57.46
3	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	1:55.53
4	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	1:50.74
5	FARINHA, Andre Filipe	M	105086	Abs	96	Benfica	1:54.87
6	JEGHER, Gabriel	M		Abs	99	Region RZW	1:56.36
7	NOGUEIRA, Goncalo Miguel	M	104471	Abs	98	Porto	1:58.68
8	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	2:00.25

Heat 11 of 11, 10:20

1	NUNES, Diogo Barbosa	M	110529	Abs	00	Fluvial Portuense	1:59.18
2	LUZ, Jose Henriques	M	119266	Abs	99	Selecao de Santarem	1:57.04
3	ROYER, Elouan	M		Abs	98	CN Brest	1:55.30
4	VAZ, Luis Emanuel	M	15628	Abs	91	Famalicao	1:50.28
5	VALLINA GUERRA, Adrian	M	53677981	Abs	93	CN Santa Olaya	1:53.54
6	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	1:55.72
7	SOARES, Tiago Silva	M	108287	Abs	99	Porto	1:58.67
8	NETO, Pedro Goncalves	M	102038	Abs	98	Porto	1:59.85

Event 8

04-06-2016 - 10:20

Women, 400m Freestyle  
Clinica Medica da Foz

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12-03-2016
Recordes Nacionais 50m Inf B	4:43.70	SILVA, Alexandra Maria	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	SILVA, Alexandra Maria	POR	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26-07-2014
Recordes Nacionais 50m 15	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07-06-2014
Recordes Nacionais 50m 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04-08-2002
Recordes Nacionais 50m 17	4:16.90	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Recordes Nacionais 50m 18 +	4:13.34	DURAES, Diana Margarida	FCP	Oeiras	12-03-2016
Recorde Meeting	4:16.00	POTEC, Camelia	ROU	Porto	26-06-1999

TLP JUN\_SEN FEM 16 +: 4:57.95 / TLP INF\_JUV FEM 12 - 15: 5:23.86

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
Heat 1 of 10, 10:20							
3	SANS, Laia	F	47955347	Abs	03	CE Mediterrani	5:57.50
4	PEREIRA, Catarina Carvalho	F	123071	Abs	03	Porto	5:27.66
5	TUBELLA, Maria	F	21774549	Abs	03	CE Mediterrani	5:40.20

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Event 8, Women, 400m Freestyle, Prelim

Heat 2 of 10, 10:30

2	DOMINGUES, Matilde Mota	F	122289	Abs	03	Colegio SMLamas	5:23.86
3	COSTA, Luana Beatriz	F	126882	Abs	03	Foca	5:19.57
4	AMORIM, Maria Leonor	F	122000	Abs	03	Porto	5:19.31
5	MARTINS, Ines Correia	F	129741	Abs	04	Porto	5:19.31
6	LIN, Patricia Cai	F	126266	Abs	01	Alges e Agueda XXI	5:20.19
7	LOPES, Rita Daniela	F	123412	Abs	01	Gualdim Pais	5:23.86

Heat 3 of 10, 10:35

1	PINHO, Carolina Teixeira	F	124769	Abs	04	Porto	5:17.29
2	SILVA, Ana Pereira	F	124810	Abs	03	Assoc. Desportiva de Fafe	5:16.17
3	VIEIRA, Carolina Lopes	F	122851	Abs	02	Gualdim Pais	5:13.63
4	MACEDO, Beatriz Daniela	F	124313	Abs	02	Vitoria de Guimaraes/Olicargo	5:12.22
5	FERREIRA, Maria Ines	F	123908	Abs	02	Natacao de Valongo	5:13.18
6	FONTES, Beatriz Sousa	F	126659	Abs	01	Colegio SMLamas	5:15.22
7	SOARES, Carolina Silva	F	123910	Abs	03	Natacao de Valongo	5:16.54
8	HENRIQUES, Maria Vitoria	F	128311	Abs	03	Assoc. Desportiva de Fafe	5:17.54

Heat 4 of 10, 10:40

1	TEIXEIRA, Ana Margarida	F	111504	Abs	02	Foca	5:07.17
2	CARNEIRO, Sofia Maria	F	127921	Abs	03	Porto	5:06.15
3	CAMPOS, Alexandra Martins	F	127155	Abs	02	Leixoes	5:05.71
4	MOREIRA, Mariana Filipa	F	125777	Abs	02	Natacao de Valongo	5:00.01
5	CASTRO, Maria Freitas	F	124809	Abs	03	Assoc. Desportiva de Fafe	5:02.86
6	PINHEIRO, Ana Carmo	F	124856	Abs	02	Ginasio Santo Tirso	5:06.15
7	CARVALHO, Beatriz Moreira	F	127313	Abs	03	Rio Maior	5:06.45
8	ANDIAS, Catarina Salome	F	125847	Abs	02	Sporting Clube de Aveiro	5:08.44

Heat 5 of 10, 10:45

1	COSTA, Mariana Cardoso	F	117322	Abs	01	Natacao da Maia	4:58.67
2	POSSE, Barbara Outeiro	F	119456	Abs	00	Alges e Agueda XXI	4:57.95
3	TOME, Maria de Castro	F	122200	Abs	02	Sporting Clube de Aveiro	4:57.28
4	LOUREIRO, Sara Rulin	F	123345	Abs	01	Benfica	4:56.26
5	PINTO, Ana Miguel	F	107478	Abs	99	Viana Natacao	4:57.03
6	RIBEIRO, Cristiana Sofia	F	125475	Abs	00	Famalicao	4:57.95
7	SOARES, Catarina Silva	F	121977	Abs	03	Porto	4:58.35
8	MAGALHAES, Ana Catarina	F	119092	Abs	02	Lousada SXXI	4:59.00

Heat 6 of 10, 10:50

1	CARDOSO, Rita Constanca	F	121989	Abs	03	Porto	4:55.29
2	SILVA, Beatriz Ferreira	F	124250	Abs	01	Braga	4:54.93
3	CORREIA, Mariana Delicado	F	123599	Abs	01	Sporting	4:54.11
4	FERREIRA, Beatriz Marques	F	122579	Abs	00	Campinho	4:53.25
5	GONCALVES, Sofia Filipa	F	122990	Abs	01	Leixoes	4:53.71
6	MARQUES, Erika Almeida	F	121691	Abs	01	Braga	4:54.72
7	FERNANDES, Filipa Viamonte	F	122198	Abs	02	Vitoria de Guimaraes/Olicargo	4:55.17
8	ANTUNES, Ana Cruz	F	121501	Abs	01	Benfica	4:55.70

Heat 7 of 10, 10:55

1	LA FERIA, Ana Beatriz	F	116885	Abs	99	Porto	4:52.83
2	BARBOSA, Sara Lopes	F	118181	Abs	00	Aquatico Pacense	4:52.19
3	LIMA, Jessica Soares	F	126993	Abs	02	Braga	4:50.09
4	NEVES, Carolina Marques	F	121422	Abs	01	Seleccao de Santarem	4:48.35
5	DIAS, Maria Beatriz	F	108045	Abs	99	Seleccao de Santarem	4:49.90
6	SANTOS, Carolina Ascenso	F	121271	Abs	01	Natacao da Maia	4:50.78
7	RIEMENSCHNEIDER, Kim	F		Abs	97	Region RZW	4:52.80
8	MATOS, Lara Beatriz	F	111049	Abs	01	Famalicao	4:52.91

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Event 8, Women, 400m Freestyle, Prelim

Heat 8 of 10, 11:00

1	RAMOS, Ana Sofia	F	108171	Abs	00	Fluvial Portuense	4:48.17
2	ROSA, Mafalda Sofia	F	127310	Abs	03	Rio Maior	4:46.35
3	FERNANDES, Leonor Camacho	F	126576	Abs	02	Sporting	4:44.67
4	SANTOS, Iris Cunha	F	117418	Abs	00	Porto	4:43.67
5	SILVA, Rafaela Araujo	F	119630	Abs	00	Famalicao	4:43.97
6	CARPINTEIRO, Carolina Silverio	F	119481	Abs	02	Natacao do Tejo	4:45.01
7	RIBEIRO, Nina Pinto	F	116914	Abs	02	Foca	4:47.63
8	OLIVEIRA, Ines Silva	F	116890	Abs	00	Individual Norte de Portugal	4:48.33

Heat 9 of 10, 11:05

1	SANCHO, Paula	F	46491992	Abs	02	CE Mediterrani	4:41.51
2	FERNANDES, Maria Joao	F	102092	Abs	97	Vilacondense	4:36.78
3	HENRIQUES, Ines Jacinto	F	120220	Abs	00	Portugal	4:27.40
4	HOLUB, Tamila Hryhorivna	F	116887	Abs	99	Portugal	4:17.92
5	FARIA, Ana Rita	F	117417	Abs	00	Portugal	4:25.38
6	ARREDONDO URRUCHI, Alexia	F	5842832	Abs	02	CN Santa Olaya	4:30.34
7	PINA, Ana Sofia	F	125639	Abs	02	O Crasto	4:39.09
8	LEMONS, Leila Tavarria	F	127860	Abs	00	Vilacondense	4:43.44

Heat 10 of 10, 11:15

1	WUETHRICH, Rachel	F		Abs	95	Region RZW	4:40.69
2	GALLINA, Francesca	F		Abs	01	Sogeis Swim Team	4:35.00
3	SUAREZ GONZALEZ, Gracia	F	53679181	Abs	00	CN Santa Olaya	4:27.00
4	DURAES, Diana Margarida	F	102992	Abs	96	Porto	4:13.34
5	AMORIM, Maria Teresa	F	20104	Abs	97	Porto	4:25.28
6	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	4:30.32
7	COSTA, Maria Carolina	F	119080	Abs	01	Porto	4:36.89
8	CARDOSO, Beatriz Neves	F	105741	Abs	98	Colegio SMLamas	4:43.08

Event 9

04-06-2016 - 11:20

Men, 200m Medley  
GRAFIPRONGO

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	1:59.39	CARVALHO, Diogo Filipe	POR	Barcelona (ESP)	31-07-2013
Recordes Nacionais 50m Inf B	2:22.36	RUIVO, Andre Vilas	DNMG	Coimbra	23-06-2013
Recordes Nacionais 50m Inf A	2:16.63	RIBAS, Alexandre Lages	EDV	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	2:10.83	SILVA, Jorge Jesus	SCB	Coimbra	26-07-2015
Recordes Nacionais 50m Juv A	2:08.11	ALMEIDA, Carlos Esteves	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m 17	2:04.32	ALMEIDA, Carlos Esteves	POR	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 18	2:02.72	LOPES, Gabriel Jose	POR	Baku (AZE)	24-06-2015
Recordes Nacionais 50m Sen	1:59.39	CARVALHO, Diogo Filipe	POR	Barcelona (ESP)	31-07-2013
Recorde Meeting	2:03.28	CARVALHO, Diogo Filipe	POR	Porto	02-06-2012

TLP JUN\_SEN MASC 17 +: 2:17.30 / TLP INF\_JUV MASC 13 - 16: 2:29.24

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 4, 11:20</b>							
2	ALBORS, Xavier	M	47595291	Abs	02	CE Mediterrani	2:33.92
3	MARTINS, Tomas Tavares	M	120161	Abs	01	Sport de Mirandela	2:30.43
4	MACHADO, Tiago Andrade	M	124457	Abs	02	Sporting Clube de Aveiro	2:29.24
5	PINELA, Nuno Tiago	M	121946	Abs	00	Colegio Vasco da Gama	2:29.93
6	GRACA, Tomas Afonso	M	127260	Abs	01	Benfica	2:30.81

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Event 9, Men, 200m Medley, Prelim

Heat 2 of 4, 11:20

1	FERNANDES, Eduardo Gomes	M	117625	Abs	02	HC Mealhada/Credito Agricola	2:24.79
2	JESUS, Afonso Guilherme	M	117174	Abs	00	Sporting	2:20.89
3	OLIVEIRA, Luis Carlos	M	102629	Abs	97	Porto	2:16.93
4	NUNEZ ALVAREZ, Antonio	M	71678944	Abs	95	CN Santa Olaya	2:10.43
5	SAMPAIO, Jose Pedro	M	108295	Abs	98	Foca	2:13.42
6	CARVALHO, Mateus Ribeiro	M	119635	Abs	99	Famalicao	2:17.30
7	MARTINEZ, Adria	M	46497849	Abs	02	CE Mediterrani	2:23.91
8	CARVALHO, Luis Miguel	M	124509	Abs	00	Ginasio de Vila Real	2:28.98

Heat 3 of 4, 11:25

1	ZINCA, Andrei Iulian	M	119453	Abs	00	Gafanha da Encarnacao	2:24.45
2	FERRI, Daniel	M	46418647	Abs	99	CE Mediterrani	2:20.71
3	CORREIA, Joao Mota	M	102308	Abs	97	Benfica	2:14.94
4	LAMPART, Maurin	M	16512	Abs	94	Region RZW	2:10.06
5	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	2:12.68
6	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	2:17.01
7	MERUJE, Joaquim Agra	M	121807	Abs	01	Seleccao do Interior Centro	2:23.72
8	ALCOBIA, Guilherme Filipe	M	126473	Abs	01	Benfica	2:28.65

Heat 4 of 4, 11:25

1	PINTO, Daniel Cipriano	M	123598	Abs	00	Sporting	2:24.13
2	FAIA, Ricardo Alexandre	M	127384	Abs	00	Benfica	2:18.24
3	CARRICO, Antonio Fernandes	M	106926	Abs	98	Portugal	2:13.77
4	LOPES, Gabriel Jose	M	24488	Abs	97	Louzan Natacao	2:02.72
5	SILVA, Jorge Jesus	M	121941	Abs	00	Braga	2:10.73
6	FRADE, Miguel Goncalves	M	120778	Abs	00	Seleccao de Santarem	2:17.00
7	MACHADO, Bruno Rafael	M	119176	Abs	01	Fluvial Portuense	2:22.67
8	COSTA, Marco Antonio	M	121638	Abs	02	Seleccao do Interior Centro	2:28.50

Event 10

04-06-2016 - 11:30

Women, 50m Backstroke

VITALIS

Absolutos

Startlist

Recordes Nacionais 50m Open	29.40	MARINHO, Marta Vieira	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Open	29.40	LEITE, Ana Sofia	POR	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m 16	29.80	FERNANDES, Ines Camacho	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	30.18	MARTINHEIRA, Catia Raquel	LDC	C�diz (ESP)	02-03-2012
Recordes Nacionais 50m 18 +	29.40	MARINHO, Marta Vieira	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m 18 +	29.40	LEITE, Ana Sofia	POR	Malaga (ESP)	29-03-2015
Recorde Meeting	28.68	MEDEIROS, Etiene	BRA	Porto	08-06-2014

TLP ABS FEMININOS : 33.81

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Heat 1 of 3, 11:30

3	COUTO, Adriana Azevedo	F	108336	Abs	00	Famalicao	33.81
4	FONSECA, Francisca Ferreira	F	121585	Abs	97	Clube Nacional de Natacao	33.60
5	PEGO, Isabel Porfirio	F	121336	Abs	01	Porto	33.68

Heat 2 of 3, 11:30

1	FRAGA, Julia Albuquerque	F	123700	Abs	01	Aquatico Pacense	32.39
2	MACEDO, Rosana Marinho	F	111500	Abs	99	Foca	32.19
3	ROLAO, Sofia Alexandra	F	108413	Abs	98	Benfica	31.92
4	FREIXO, Juliana Lima	F	100827	Abs	97	Braga	31.65
5	RALUCA, Artene Maria	F	12526	Abs	03	A.C.S. Ciprian	31.80
6	PEREIRA, Francisca Santos	F	102019	Abs	98	Fluvial Portuense	32.02
7	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	32.34
8	CUNHA, Mafalda Pacheco	F	121589	Abs	02	Fluvial Portuense	33.16

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## Event 10, Women, 50m Backstroke

### Heat 3 of 3, 11:35

1	CUNHA, Beatriz Ribeiro	F	118314	Abs	01	Foca	31.41
2	FERREIRA, Catarina Maria	F	106534	Abs	98	Escola Desportiva de Viana	31.00
3	SCHWERZMANN, Fabienne	F		Abs	95	Region RZW	30.25
4	LEITE, Ana Sofia	F	24784	Abs	93	Ginasio de Vila Real	29.56
5	ZURFLUEH, Sarah	F		Abs	97	Region RZW	29.95
6	REBUSCO, Giulia	F		Abs	01	Sogeis Swim Team	30.98
7	TIAGO, Filipa Vilas	F	10634	Abs	94	Clube Nacional de Natacao	31.24
8	SANTOS, Alexandra Jesus	F	117408	Abs	00	Leixoes	31.61

## Event 11

04-06-2016 - 11:35

## Men, 200m Butterfly TURBO

## Absolutos Startlist Prelim

Recordes Nacionais 50m Open	1:56.17	OLIVEIRA, Pedro Diogo	POR	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Inf B	2:21.67	SILVA, Fabio Parrilha da	CNAL	S. João da Madeira	23-07-2000
Recordes Nacionais 50m Inf A	2:14.50	SILVA, Fabio Parrilha da	CNAL	Campanh�	29-07-2001
Recordes Nacionais 50m Juv B	2:08.12	SILVA, Jorge Jesus	SCB	Coimbra	26-07-2015
Recordes Nacionais 50m Juv A	2:03.76	OLIVEIRA, Pedro Diogo	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m 17	2:02.12	OLIVEIRA, Pedro Diogo	POR	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m 18	2:01.46	OLIVEIRA, Pedro Diogo	POR	Palma de Mallorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	OLIVEIRA, Pedro Diogo	POR	Roma (ITA)	28-07-2009
Recorde Meeting	1:58.88	COELHO, Jordan	FRA	Porto	03-06-2012

TLP JUN\_SEN MASC 17 +: 2:13.60 / TLP INF\_JUV MASC 13 - 16: 2:25.21

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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### Heat 1 of 4, 11:35

3	COELHO, Rodrigo Manuel	M	122290	Abs	01	Clube Desportivo Feirense	2:23.73
4	CARNEIRO, Fabio Lucas	M	126994	Abs	01	Braga	2:18.20
5	FERNANDES, Romeu Ribeiro	M	122171	Abs	01	Assoc. Desportiva de Fafe	2:18.75

### Heat 2 of 4, 11:35

1	PERRILLON, Mathieu	M		Abs	98	CN Brest	2:13.58
2	VOICU, Victor	M		Abs	97	Region RZW	2:11.03
3	SOUSA, Ricardo Verissimo	M	25548	Abs	93	Colegio Vasco da Gama	2:06.06
4	PEREIRA, Luiz Ribeiro	M	148722	Abs	91	Benfica	2:00.02
5	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	2:04.93
6	BESSA, Antonio Rafael	M	102089	Abs	94	Aquatico Pacense	2:08.39
7	DIAS, Ivo Manuel	M	111508	Abs	00	Foca	2:12.41
8	DANTAS, Diogo Leal	M	123594	Abs	00	Sporting	2:17.53

### Heat 3 of 4, 11:40

1	DUARTE, Joao Silverio	M	111461	Abs	99	Seleccao do Interior Centro	2:12.56
2	ABDULLAHU, Thesar	M	23985	Abs	98	Region RZW	2:10.39
3	VEGA TREJO, Juan Luis	M	9088636	Abs	97	CN Santa Olaya	2:05.82
4	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	1:58.75
5	NUNEZ ALVAREZ, Antonio	M	71678944	Abs	95	CN Santa Olaya	2:03.98
6	SILVA, Jorge Jesus	M	121941	Abs	00	Braga	2:08.09
7	BOISARD, Alexis	M	505029036	Abs	51F97	CN Brest	2:11.74
8	LOPES, Jose Paulo	M	117924	Abs	00	Braga	2:16.59

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Event 11, Men, 200m Butterfly, Prelim

Heat 4 of 4, 11:45

1	LUZ, Jose Henriques	M	119266	Abs	99	Seleccao de Santarem	2:12.44
2	SANTOS, Joao Duarte	M	26430	Abs	95	Benfica	2:08.79
3	SILVA, Joao Carlos	M	108379	Abs	98	Famalicao	2:05.32
4	QUINTANILHA, Nuno Goncalo	M	12902	Abs	87	Colegio Vasco da Gama	1:58.74
5	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	2:03.85
6	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	2:07.87
7	SANTOS, Tiago Andre	M	119684	Abs	00	Ba/Bomcar	2:11.52
8	JEGHER, Gabriel	M		Abs	99	Region RZW	2:14.87

Event 12

04-06-2016 - 11:45

Women, 200m Breaststroke  
TURBO

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	2:29.51	GOMES, Diana Duarte	POR	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Inf B	2:49.82	PEREIRA, Clara Gomes	SAD	Loul�	19-07-2014
Recordes Nacionais 50m Inf A	2:42.69	PEREIRA, Clara Gomes	SAD	Oeiras	18-07-2015
Recordes Nacionais 50m Juv	2:36.99	GOMES, Diana Duarte	POR	Paris (FRA)	28-07-2003
Recordes Nacionais 50m 15	2:31.32	GOMES, Diana Duarte	POR	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m 16	2:29.51	GOMES, Diana Duarte	POR	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m 17	2:30.92	KAMINSKAYA, Victoria	PIMP	Oeiras	28-07-2012
Recordes Nacionais 50m 18 +	2:29.76	GOMES, Diana Duarte	CNA	Loul�	10-06-2007
Recorde Meeting	2:30.50	GOMES, Diana	POR	Porto	03-06-2007

TLP JUN\_SEN FEM 16 +: 2:51.94 / TLP INF\_JUV FEM 12 - 15: 3:06.89

Pista Nome Sexo Licena Cat Ano Clube Tempo

Heat 1 of 5, 11:45

2	ZOUANE, Zahra	F	47323318	Abs	04	CE Mediterrani	3:11.78
3	OLIVEIRA, Claudia Sofia	F	122288	Abs	02	Estamos Juntos	3:06.89
4	LOPES, Margarida Santos	F	125564	Abs	04	Clube Desportivo Estarreja	3:06.43
5	CHULA, Ana Sousa	F	125019	Abs	01	Alges e Agueda XXI	3:06.51
6	LEITE, Sofia Margarida	F	122004	Abs	03	Foca	3:06.89
7	MALDONADO, Lucia	F	49952306	Abs	04	CE Mediterrani	3:23.62

Heat 2 of 5, 11:50

1	PEREZ MASIP, Anna	F	49297942	Abs	03	CE Mediterrani	3:04.58
2	JOSE, Constanca Isabel	F	121266	Abs	01	Gualdim Pais	3:02.19
3	COSTA, Ana Rita	F	116907	Abs	01	Natacao de Valongo	2:59.95
4	DUARTE, Ines Ferreira	F	118260	Abs	01	Seleccao de Santarem	2:59.36
5	CASTRO, Andreia Rodrigues	F	126665	Abs	01	Clube Desportivo Estarreja	2:59.66
6	VIEIRA, Carolina Lopes	F	122851	Abs	02	Gualdim Pais	3:01.16
7	RENGA, Ines Comprido	F	121801	Abs	01	Seleccao do Interior Centro	3:03.30
8	MACHADO, Raquel Cruz	F	124869	Abs	03	Clube Desportivo Estarreja	3:05.32

Heat 3 of 5, 11:55

1	SILVA, Natacha Sofia	F	125594	Abs	02	Benfica	2:55.45
2	MARQUES, Mafalda Gilberto	F	126792	Abs	01	Seleccao de Santarem	2:49.86
3	ALCAUZAR, Ehari	F	46480118	Abs	99	CE Mediterrani	2:43.96
4	ROCHA, Ines Neto	F	111313	Abs	01	Aquatico Pacense	2:36.88
5	SILVA, Ines Rocha	F	117806	Abs	00	Portugal	2:40.86
6	MARTINS, Ines Araujo	F	111046	Abs	01	Famalicao	2:46.49
7	MAGALHAES, Barbara Vilela	F	119078	Abs	01	Porto	2:51.57
8	GALACHA, Mariana Sobral	F	123591	Abs	01	Sporting	2:59.35

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Event 12, Women, 200m Breaststroke, Prelim

Heat 4 of 5, 11:55

1	SILVA, Beatriz Santos	F	112078	Abs	01	Porto	2:55.07
2	VEIGA, Ana Filipa	F	125558	Abs	01	Gafanha da Encarnacao	2:48.63
3	MONTEIRO, Ana Catarina	F	24320	Abs	93	Vilacondense	2:43.25
4	PEREIRA, Raquel Gomes	F	118469	Abs	00	Portugal	2:34.64
5	SILVA, Maria Madalena	F	116614	Abs	98	Seleccao de Santarem	2:39.84
6	VASCONCELOS, Beatriz Pereira	F	107934	Abs	98	Vilacondense	2:45.97
7	OLIVEIRA, Mafalda Joana	F	119096	Abs	02	Lousada SXXI	2:51.48
8	TEIXEIRA, Ines Oliveira	F	129269	Abs	02	Clube Desportivo Estarreja	2:57.89

Heat 5 of 5, 12:00

1	COSTA, Mariana Cardoso	F	117322	Abs	01	Natacao da Maia	2:54.88
2	OLIVEIRA, Mafalda Malafaia	F	109663	Abs	99	Porto	2:47.20
3	AZEVEDO, Ines Gomes	F	127988	Abs	01	Arouca	2:41.73
4	KAMINSKAYA, Victoria	F	102313	Abs	95	Estrelas S.Joao de Brito	2:30.43
5	BORGES, Claudia Ferreira	F	116591	Abs	99	Portugal	2:37.33
6	CAMERON, Sheena	F		Abs	92	Region RZW	2:45.75
7	AGOSTINHO, Catia Iordan	F	127312	Abs	02	Rio Maior	2:50.83
8	MERINO, Sara	F	47264514	Abs	01	CE Mediterraneo	2:56.23

Event 13

04-06-2016 - 12:05

Men, 50m Freestyle  
VITALIS

Absolutos  
Startlist

Recordes Nacionais 50m Open	22.36	AGOSTINHO, Alexandre Escudier	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	27.00	MIRANDA, Jose Miguel	CFP	Coimbra	11-08-1986
Recordes Nacionais 50m Inf A	26.04	PORTELA, Miguel Azevedo	FCP	Porto	16-07-1992
Recordes Nacionais 50m Juv B	24.68	VENANCIO, Tiago Andre	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	VENANCIO, Tiago Andre	POR	Paris (FRA)	31-07-2003
Recordes Nacionais 50m 17	22.95	VENANCIO, Tiago Andre	POR	Oeiras	16-07-2004
Recordes Nacionais 50m 18	22.98	SANTOS, Paulo Jorge	POR	Antu�rpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	AGOSTINHO, Alexandre Escudier	PORTIN	Coimbra	30-05-2009
Recorde Meeting	22.73	GARZONIO, Stefano	ITA	Porto	20-06-2009

TLP ABS MASCULINOS : 25.71

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
Heat 1 of 5, 12:05							
3	NUNES, Diogo Barbosa	M	110529	Abs	00	Fluvial Portuense	27.24
4	AMORIM, Alexandre Ferreira	M	103953	Abs	99	Colegio SMLamas	27.05
5	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	27.10
6	SUBIRA, Eduard	M	45128991	Abs	03	CE Mediterraneo	29.20
Heat 2 of 5, 12:05							
1	SOUSA, Nuno Correia	M	110484	Abs	00	Fluvial Portuense	26.31
2	HEINIMANN, Oliver	M	20964	Abs	89	Region RZW	25.79
3	GOMES, Filipe Miguel	M	107284	Abs	97	Ba/Bomcar	25.58
4	MIGUEL, Marco Andre	M	109944	Abs	99	Seleccao de Santarem	25.32
5	WEUSTINK, Koen	M	112240	Abs	00	Ginasio de Vila Real	25.44
6	MORIM, Ruben Jose	M	107935	Abs	97	Vilacondense	25.70
7	FREITAS, Jose Pedro	M	111446	Abs	00	Famalicao	25.83
8	SCHERER, Roman	M	26177	Abs	95	Region RZW	26.63

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Event 13, Men, 50m Freestyle

Heat 3 of 5, 12:05

1	GOMES, Claudio Dias	M	105039	Abs	95	Gafanha da Encarnacao	25.26
2	LOPES, Joao Francisco	M	107561	Abs	98	Braga	25.13
3	ROYER, Elouan	M		Abs	98	CN Brest	25.10
4	SANTOS, Joao Pedro	M	105859	Abs	95	Clube Desportivo Estarreja	25.05
5	FERNANDES, Jose Pedro	M	111611	Abs	99	Braga	25.08
6	MIOSSEC, Mathieu	M	505029036	Abs	20F94	CN Brest	25.12
7	PACHECO, Diogo Alexandre	M	121684	Abs	99	Bombeiros Ponta Delgada	25.19
8	SOARES, Tiago Silva	M	108287	Abs	99	Porto	25.27

Heat 4 of 5, 12:05

1	LAMPART, Maurin	M	16512	Abs	94	Region RZW	24.90
2	CLEMENTE, Bernardo Santos	M	109157	Abs	98	Ba/Bomcar	24.72
3	BAZZOLI, Andrea	M		Abs	94	Sogeis Swim Team	24.50
4	GRACA, Bernardo Leitao	M	14838	Abs	93	Fluvial Portuense	24.27
5	BOUTIN, Gurban	M	505029036	Abs	18F97	CN Brest	24.49
6	FERNANDES, Pedro Miguel	M	110494	Abs	99	Vitoria de Guimaraes/Olicargo	24.63
7	GAGULIC, Dario	M		Abs	98	Region RZW	24.82
8	VIAZZO, Giacomo	M		Abs	97	Sogeis Swim Team	25.00

Heat 5 of 5, 12:10

1	RIBAS, Rafel Lages	M	12688	Abs	93	Estamos Juntos	24.16
2	KEMPTER, Felix	M	23815	Abs	97	Region RZW	23.76
3	ASCENSAO, Joao Miguel	M	107710	Abs	97	Porto	23.31
4	LEUTHARD, Manuel	M	22950	Abs	98	Region RZW	23.22
5	STAUB, Ivo	M		Abs	95	Region RZW	23.31
6	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	23.41
7	RIACHOS, Frederico Sucena	M	121637	Abs	98	Portugal	23.84
8	TRIGO, Hugo Guilherme	M	104980	Abs	97	Sporting Clube de Aveiro	24.27

Event 14

04-06-2016 - 12:10

Women, 100m Freestyle  
GRAFIPRONGO

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	56.41	LEITE, Ana Sofia	GCVR	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:02.16	FERNANDES, Ines Camacho	SCP	S. Jo�o da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	59.73	FERNANDES, Ines Camacho	POR	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv	59.41	AMADOR, Joana Costa	CGA	Coimbra	26-07-2015
Recordes Nacionais 50m 15	57.75	ROSA, Maria Carolina	POR	Prague (CZE)	08-07-2009
Recordes Nacionais 50m 16	58.40	RODRIGUES, Ana Pinho	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m 17	57.72	DURAES, Diana Margarida	FCP	Coimbra	26-05-2013
Recordes Nacionais 50m 18 +	56.41	LEITE, Ana Sofia	GCVR	Coimbra	04-04-2015
Recorde Meeting	56.45	YING, Shan	CHN	Porto	26-06-1994

TLP JUN\_SEN FEM 16 +: 1:04.87 / TLP INF\_JUV FEM 12 - 15: 1:10.51

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 12, 12:10</b>							
2	RAMIREZ, Claudia	F	49321988	Abs	03	CE Mediterrani	1:17.79
3	FERREIRA PINTO, Susana	F	127975	Abs	01	Gafanha da Encarnacao	1:11.13
4	COSTA, Mafalda Magalhaes	F	124469	Abs	03	Gualdim Pais	1:10.51
5	RIBEIRO, Carolina Falcao	F	131161	Abs	03	Sporting Clube de Aveiro	1:10.51
6	SANS, Laia	F	47955347	Abs	03	CE Mediterrani	1:16.09

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Event 14, Women, 100m Freestyle, Prelim

Heat 2 of 12, 12:10

1	CARVALHO, Beatriz Moreira	F	127313	Abs	03	Rio Maior	1:10.18
2	MELO, Ines Pinheiro	F	121153	Abs	01	Sporting Clube de Espinho	1:09.18
3	SOARES, Carolina Silva	F	123910	Abs	03	Natacao de Valongo	1:08.93
4	ALMEIDA, Ana Margarida	F	122992	Abs	03	Foca	1:08.56
5	MENDES, Lea Alexandra	F	125768	Abs	03	Gualdim Pais	1:08.66
6	HENRIQUES, Maria Vitoria	F	128311	Abs	03	Assoc. Desportiva de Fafe	1:09.02
7	LIN, Patricia Cai	F	126266	Abs	01	Alges e Agueda XXI	1:09.89
8	CUNHA, Mariana Pacheco	F	124577	Abs	04	Fluvial Portuense	1:10.42

Heat 3 of 12, 12:15

1	SANTOS, Matilde Guimaraes	F	122894	Abs	02	Leixoes	1:08.04
2	MATIAS, Marta Filipa	F	126927	Abs	03	Seleccao do Interior Centro	1:07.45
3	TEIXEIRA, Ana Margarida	F	111504	Abs	02	Foca	1:07.31
4	ROSA, Mafalda Sofia	F	127310	Abs	03	Rio Maior	1:06.87
5	SANTOS, Diana Sofia	F	122847	Abs	02	Clube Desportivo Estarreja	1:07.20
6	MARQUES, Erika Almeida	F	121691	Abs	01	Braga	1:07.41
7	SOARES, Ana Margarida	F	127965	Abs	01	Clube Desportivo Estarreja	1:07.86
8	ORTEGA, Marina	F	47993890	Abs	00	CE Mediterrani	1:08.20

Heat 4 of 12, 12:15

1	CAMPOS, Alexandra Martins	F	127155	Abs	02	Leixoes	1:06.72
2	LOURENCO, Alice Carmo	F	122236	Abs	02	Viana Natacao	1:06.62
3	JACINTO, Joana Daniela	F	111230	Abs	01	Natacao da Maia	1:06.17
4	MARTINS, Mar	F	49895847	Abs	02	CE Mediterrani	1:05.85
5	MARTINS, Ines Alves	F	112126	Abs	01	Fluvial Portuense	1:05.97
6	RODRIGUES, Daniela Oliveira	F	118056	Abs	02	Natacao de Valongo	1:06.60
7	MACEDO, Beatriz Daniela	F	124313	Abs	02	Vitoria de Guimaraes/Olicargo	1:06.66
8	SILVA, Beatriz Ferreira	F	124250	Abs	01	Braga	1:06.81

Heat 5 of 12, 12:15

1	SA, Iris Rodrigues	F	119057	Abs	01	Colegio SMLamas	1:05.55
2	RODRIGUES, Helena Nunes	F	125022	Abs	03	Alges e Agueda XXI	1:05.19
3	MACHADO, Joana Sofia	F	127918	Abs	02	Natacao de Valongo	1:05.10
4	SILVA, Joana Filipa	F	125636	Abs	98	O Crasto	1:04.99
5	MAGALHAES, Ana Catarina	F	119092	Abs	02	Lousada SXXI	1:05.00
6	SAMPAIO, Mariana Magalhaes	F	122166	Abs	03	Assoc. Desportiva de Fafe	1:05.13
7	PINTO, Sofia Gales	F	129409	Abs	01	Colegio SMLamas	1:05.40
8	MOREIRA, Mariana Filipa	F	125777	Abs	02	Natacao de Valongo	1:05.81

Heat 6 of 12, 12:20

1	RODRIGUES, Ana Beatriz	F	123480	Abs	02	Rio Maior	1:04.91
2	POSSE, Barbara Outeiro	F	119456	Abs	00	Alges e Agueda XXI	1:04.87
3	RIBEIRO, Mariana Oliveira	F	112134	Abs	01	Colegio SMLamas	1:04.79
4	CARPINTEIRO, Carolina Silverio	F	119481	Abs	02	Natacao do Tejo	1:04.57
5	SILVA, Mariana Lopes	F	116526	Abs	99	Gafanha da Encarnacao	1:04.72
6	TREMOCO, Raquel Antunes	F	124023	Abs	01	Sporting	1:04.80
7	LIMA, Jessica Soares	F	126993	Abs	02	Braga	1:04.88
8	TOME, Maria de Castro	F	122200	Abs	02	Sporting Clube de Aveiro	1:04.95

Heat 7 of 12, 12:20

1	GALACHA, Mariana Sobral	F	123591	Abs	01	Sporting	1:04.27
2	LOUREIRO, Sara Rulin	F	123345	Abs	01	Benfica	1:03.99
3	BARBOSA, Mariana Fernandes	F	121985	Abs	02	Porto	1:03.78
4	GRAVETO, Ana Raquel	F	129628	Abs	02	Benfica	1:03.60
5	RAMOS, Ana Rita	F	126775	Abs	02	Porto	1:03.66
6	REBELO, Camila Rodrigues	F	122274	Abs	03	Louzan Natacao	1:03.87
7	BRANDAO, Beatriz Aires	F	125145	Abs	02	Escola Desportiva de Viana	1:04.09
8	ARAÚJO, Beatriz Barros	F	125082	Abs	01	Ponte da Barca	1:04.42

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Event 14, Women, 100m Freestyle, Prelim

Heat 8 of 12, 12:20

1	ANTUNES, Ana Cruz	F	121501	Abs	01	Benfica	1:03.37
2	RODRIGUES, Ana Rita	F	125566	Abs	99	Sporting Clube de Aveiro	1:02.68
3	FERNANDES, Maria Margarida	F	110203	Abs	99	Ginasio de Vila Real	1:02.62
4	RAMIA, Gina	F	47443814	Abs	99	CE Mediterrani	1:02.47
5	ROLAO, Sofia Alexandra	F	108413	Abs	98	Benfica	1:02.58
6	GONZALEZ, Andrea	F	49819645	Abs	00	CE Mediterrani	1:02.62
7	GALLEN, Neus	F	21770607	Abs	01	CE Mediterrani	1:02.99
8	FRAGA, Julia Albuquerque	F	123700	Abs	01	Aquatico Pacense	1:03.54

Heat 9 of 12, 12:25

1	PEREIRA, Ines Eira	F	117517	Abs	99	Estamos Juntos	1:02.28
2	SINDICO, Olıvia	F	25925	Abs	00	Region RZW	1:02.21
3	PEREIRA, Francisca Santos	F	102019	Abs	98	Fluvial Portuense	1:02.17
4	RIBEIRO, Nina Pinto	F	116914	Abs	02	Foca	1:01.77
5	BAETA, Patricia Palmeiro	F	112658	Abs	00	Seleccao de Santarem	1:02.11
6	CARDOSO, Beatriz Neves	F	105741	Abs	98	Colegio SMLamas	1:02.18
7	SANTOS, Ana Pedro	F	125372	Abs	02	Sporting Clube de Aveiro	1:02.24
8	LEMS, Leila Tavarıa	F	127860	Abs	00	Vılacondense	1:02.33

Heat 10 of 12, 12:25

1	AMORIM, Maria Luis	F	102029	Abs	95	Porto	1:01.24
2	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	1:00.66
3	SCHWERZMANN, Fabienne	F		Abs	95	Region RZW	59.25
4	FERREIRA, Catarina Maria	F	106534	Abs	98	Escola Desportiva de Viana	58.72
5	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	59.00
6	GUEDES, Ana Margarida	F	109087	Abs	01	Ginasio de Vila Real	59.92
7	HUCHTHAUSEN, Chantal	F		Abs	99	Region RZW	1:00.99
8	NEVES, Carolina Marques	F	121422	Abs	01	Seleccao de Santarem	1:01.55

Heat 11 of 12, 12:25

1	BELO, Maria Margarida	F	126587	Abs	02	Sporting	1:01.22
2	CANALS, Paula	F	47321424	Abs	00	CE Mediterrani	1:00.59
3	CABRAL, Maria Francisca	F	118113	Abs	00	Porto	59.09
4	RODRIGUES, Ana Pinho	F	13372	Abs	94	Estamos Juntos	56.64
5	FARIA, Ana Rita	F	117417	Abs	00	Portugal	58.95
6	CASTRO, Adriana Daniela	F	104515	Abs	97	Individual Norte de Portugal	59.81
7	ORTEGA, Marta	F	47993887	Abs	97	CE Mediterrani	1:00.84
8	SILVA, Ana Beatriz	F	112263	Abs	96	Gafanha da Encarnacao	1:01.40

Heat 12 of 12, 12:25

1	HENAUŁ MENESGUEN, Adele	F		Abs	98	CN Brest	1:01.09
2	PEGO, Isabel Porfirio	F	121336	Abs	01	Porto	1:00.20
3	ZWICKY, Simone	F		Abs	92	Region RZW	59.01
4	LEITE, Ana Sofia	F	24784	Abs	93	Ginasio de Vila Real	56.41
5	ROCCIO, Angela	F		Abs	01	Sogeis Swim Team	58.88
6	NOBREGA, Ana Sofia	F	24785	Abs	90	Ginasio de Vila Real	59.45
7	OLIVEIRA, Rosa Maria	F	105858	Abs	96	Porto	1:00.72
8	MARTINS, Ana Filipa	F	104438	Abs	97	Foca	1:01.37

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Event 15	Men, 4 x 50m Medley					Absolutos
04-06-2016 - 12:30	Konica Minolta					Startlist Prelim
Recordes Nacionais 50m Open	1:42.03	Clube Natacao da Amadora	CNA	Faro		20-07-2009
Recordes Nacionais 50m Jun	1:48.28	Sporting Clube de Portugal	SCP	Coimbra		10-04-2010
Recordes Nacionais 50m Sen	1:42.03	Clube Natacao da Amadora	CNA	Faro		20-07-2009
Recorde Meeting	1:40.34	FIN - LOMBARDIA	ITA	Porto		21-06-2009
TLP ABS MASCULINOS : 1:57.33						

Pista	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Heat 1 of 2, 12:30</u>						
2	M		Abs		Portugal	1:57.33
3	M		Abs		Clube Desportivo Estarreja	1:55.97
4	M		Abs		CN Santa Olaya	1:45.83
5	M		Abs		Braga	1:51.17
6	M		Abs		Seleccao de Santarem	1:56.86
7	M		Abs		Assoc. Desportiva de Fafe	2:05.89
<u>Heat 2 of 2, 12:30</u>						
2	M		Abs		Fluvial Portuense	1:56.99
3	M		Abs		Foca	1:55.75
4	M		Abs		Porto	1:45.62
5	M		Abs		CN Brest	1:46.00
6	M		Abs		Aquatico Pacense	1:56.57
7	M		Abs		CE Mediterrani	2:03.50

Event 16	Women, 4 x 50m Freestyle					Absolutos
04-06-2016 - 12:35	Clinica Medica da Foz					Startlist Prelim
Recordes Nacionais 50m Open	1:46.22	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior		01-04-2011
Recordes Nacionais 50m 16 - 17	1:49.70	Sporting Clube Portugal	SCP	Lisboa		27-03-2009
Recordes Nacionais 50m 18 +	1:46.22	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior		01-04-2011
Recorde Meeting	1:47.38	FIN - LOMBARDIA	ITA	Porto		19-06-2005
TLP ABS FEMININOS : 2:02.15						

Pista	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Heat 1 of 2, 12:35</u>						
2	F		Abs		Clube Desportivo Estarreja	2:02.15
3	F		Abs		Clube Nacional de Natacao	1:59.01
4	F		Abs		Porto	1:49.58
5	F		Abs		Seleccao de Santarem	1:57.49
6	F		Abs		Gafanha da Encarnacao	2:00.05
7	F		Abs		Fluvial Portuense	2:02.15
<u>Heat 2 of 2, 12:35</u>						
2	F		Abs		Aquatico Pacense	2:01.82
3	F		Abs		Foca	1:58.33
4	F		Abs		Ginasio de Vila Real	1:49.33
5	F		Abs		CE Mediterrani	1:56.20
6	F		Abs		Colegio SMLamas	1:59.65
7	F		Abs		Portugal	2:02.15

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Event 17	Men, 1500m Freestyle				Absolutos
04-06-2016 - 12:40	TURBO				Startlist
Recordes Nacionais 50m Open	15:16.22	COSTA, Fernando Eurico	POR	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	OLIVEIRA, Pedro Fontoura	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	OLIVEIRA, Pedro Fontoura	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	OLIVEIRA, Pedro Fontoura	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SIN)	30-08-2015
Recordes Nacionais 50m 18	15:31.96	PINA, Guilherme Filipe	BSCN	Oeiras	13-03-2016
Recordes Nacionais 50m Sen	15:16.22	COSTA, Fernando Eurico	POR	Bangkok (THA)	14-08-2007
Recorde Meeting	15:23.25	ZAVGORODNIY, Denys	UKR	Porto	27-06-1998

TLP ABS MASCULINOS : 17:33.65

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 2, 12:40</b>							
2	BESSA, Daniel Silva	M	123018	Abs	99	Aquatico Pacense	17:35.43
3	SANTOS, Pedro Miguel	M	121987	Abs	01	Porto	17:10.42
4	BASTIAN ANTON, Angel	M	58427860	Abs	98	CN Santa Olaya	16:47.26
5	MENDES, Joao Santos	M	111648	Abs	98	Leixoes	17:08.47
6	MENDEZ MIRANDA, Alfonso	M	58430679	Abs	99	CN Santa Olaya	17:11.48

**Heat 2 of 2, scheduled in session 2 at 16:35**

1	FARINHA, Andre Filipe	M	105086	Abs	96	Benfica	16:37.65
2	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	16:12.10
3	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	16:03.26
4	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	15:31.96
5	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	15:55.07
6	OLIVEIRA, Tiago Silva	M	15465	Abs	94	Fluvial Portuense	16:08.88
7	LOPES, Jose Paulo	M	117924	Abs	00	Braga	16:12.24
8	CAMPOS, Tiago Filipe	M	116573	Abs	99	Seleccao de Santarem	16:45.80

Event 18	Women, 400m Medley				Absolutos
04-06-2016 - 13:00	C�mara Municipal do Porto				Startlist
Recordes Nacionais 50m Open	4:42.53	KAMINSKAYA, Victoria	ESJB	Coimbra	29-05-2016
Recordes Nacionais 50m Inf B	5:14.05	RUIVO, Filipa Vilas	DNMG	S. Jo�o da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	ROCHA, Diana Ramos	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24-07-2015
Recordes Nacionais 50m Juv	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24-07-2015
Recordes Nacionais 50m 15	4:58.08	DURAES, Diana Margarida	FOCA	P�voa de Varzim	05-08-2011
Recordes Nacionais 50m 16	4:57.84	KAMINSKAYA, Victoria	PIMP	Oeiras	19-02-2011
Recordes Nacionais 50m 17	4:52.12	KAMINSKAYA, Victoria	PIMP	Oeiras	27-07-2012
Recordes Nacionais 50m 18 +	4:42.53	KAMINSKAYA, Victoria	ESJB	Coimbra	29-05-2016
Recorde Meeting	4:44.21	ZAVADOVA, Barbora	CZE	Porto	07-06-2014

TLP ABS FEMININOS : 5:28.54

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Event 18, Women, 400m Medley

Heat 1 of 2, 13:00

3	AGOSTINHO, Catia Iordan	F	127312	Abs	02	Rio Maior	5:25.15
4	ORTIZ DE GUINEA BASTON, Alba	F	52781271	Abs	97	CN Santa Olaya	5:14.29
5	WUETHRICH, Rachel	F		Abs	95	Region RZW	5:17.81

Heat 2 of 2, scheduled in session 2 at 16:30

1	PINA, Ana Sofia	F	125639	Abs	02	O Crasto	5:11.59
2	SILVA, Ines Rocha	F	117806	Abs	00	Portugal	5:05.61
3	AZEVEDO, Madalena Gomes	F	110160	Abs	99	Portugal	4:59.79
4	KAMINSKAYA, Victoria	F	102313	Abs	95	Estrelas S.Joao de Brito	4:46.33
5	MARTINS, Ana Beatriz	F	108375	Abs	99	Portugal	4:59.69
6	ROCHA, Ines Neto	F	111313	Abs	01	Aquatico Pacense	5:00.40
7	HENAUULT MENESGUEN, Adele	F		Abs	98	CN Brest	5:08.87
8	VASCONCELOS, Beatriz Pereira	F	107934	Abs	98	Vilacondense	5:13.81

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3 - Sunday, 5 de June de 2016

05-06-2016 - 9:00

Event 23 05-06-2016 - 9:00	Women, 50m Butterfly Clinica Medica da Foz				Absolutos Startlist
Recordes Nacionais 50m Open	27.27	OLIVEIRA, Sara Freitas	POR	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m 16	28.00	CRUZ, Sara Francisco	ADBA	Faro	18-07-2009
Recordes Nacionais 50m 17	28.31	OLIVEIRA, Sara Freitas	POR	Berlim (GER)	29-07-2002
Recordes Nacionais 50m 18 +	27.27	OLIVEIRA, Sara Freitas	POR	Eindhoven (NED)	07-04-2011
Recorde Meeting	26.68	ALSHAMMAR, Therese	SWE	Porto	17-06-2006
TLP ABS FEMININOS : 31.36					

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Heat 1 of 3, 9:00</u>							
3	FERRI, Mireia	F	46418648	Abs	04	CE Mediterrani	38.59
4	BARBOSA, Mariana Fernandes	F	121985	Abs	02	Porto	31.33
5	MENDES, Rafaela Cunha	F	105852	Abs	98	Campinho	31.36
6	TUBELLA, Maria	F	21774549	Abs	03	CE Mediterrani	41.05
<u>Heat 2 of 3, 9:00</u>							
1	ORTEGA, Marina	F	47993890	Abs	00	CE Mediterrani	30.77
2	MARQUES, Sara Silva	F	125960	Abs	01	Aquatico Pacense	30.55
3	FERREIRA, Diana Patricia	F	23500	Abs	94	Aquatico Pacense	30.48
4	NOBREGA, Ana Sofia	F	24785	Abs	90	Ginasio de Vila Real	29.48
5	CASTRO, Adriana Daniela	F	104515	Abs	97	Individual Norte de Portugal	29.56
6	SANTOS, Alexandra Jesus	F	117408	Abs	00	Leixoes	30.55
7	RIEMENSCHNEIDER, Kim	F		Abs	97	Region RZW	30.76
8	GRAVETO, Ana Raquel	F	129628	Abs	02	Benfica	30.77
<u>Heat 3 of 3, 9:00</u>							
1	SINDICO, Olivia	F	25925	Abs	00	Region RZW	29.06
2	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	28.90
3	MONTEIRO, Ana Catarina	F	24320	Abs	93	Vilacondense	28.27
4	ZWICKY, Simone	F		Abs	92	Region RZW	28.01
5	GUEDES, Ana Margarida	F	109087	Abs	01	Ginasio de Vila Real	28.24
6	TIAGO, Filipa Vilas	F	10634	Abs	94	Clube Nacional de Natacao	28.57
7	CAMERON, Sheena	F		Abs	92	Region RZW	29.04
8	ROCCIO, Angela	F		Abs	01	Sogeis Swim Team	29.16

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Event 24	Men, 100m Butterfly				Absolutos
05-06-2016 - 9:05	VITALIS				Startlist Prelim
Recordes Nacionais 50m Open	52.42	CARVALHO, Diogo Filipe	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Inf B	1:03.64	SILVA, Fabio Parrilha da	CNAL	S. João da Madeira	22-07-2000
Recordes Nacionais 50m Inf A	1:00.27	SILVA, Fabio Parrilha da	CNAL	Campanh�	28-07-2001
Recordes Nacionais 50m Juv B	57.58	FERRO, David Miguel	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	OLVEIRA, Pedro Diogo	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m 17	54.77	VENANCIO, Tiago Andre	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m 18	54.66	CARVALHO, Diogo Filipe	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	CARVALHO, Diogo Filipe	CGA	Lisboa	29-03-2009
Recorde Meeting	53.78	IACOBONE, Stefano	ITA	Porto	20-06-2009

TLP JUN\_SEN MASC 17 +: 1:00.28 / TLP INF\_JUV MASC 13 - 16: 1:05.53

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 5, 9:05</b>							
2	TEIXEIRA, Tiago Filipe	M	112114	Abs	00	Foca	1:05.00
3	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	1:04.20
4	LOPES, Joao Paulo	M	107490	Abs	98	Torres Novas	1:02.52
5	FAIA, Ricardo Alexandre	M	127384	Abs	00	Benfica	1:02.60
6	COELHO, Rodrigo Manuel	M	122290	Abs	01	Clube Desportivo Feirense	1:04.77
7	MACHADO, Tiago Andrade	M	124457	Abs	02	Sporting Clube de Aveiro	1:05.35
<b>Heat 2 of 5, 9:05</b>							
1	FERNANDES, Romeu Ribeiro	M	122171	Abs	01	Assoc. Desportiva de Fafe	1:02.27
2	DIAS, Ivo Manuel	M	111508	Abs	00	Foca	1:00.76
3	ABDULLAHU, Thesar	M	23985	Abs	98	Region RZW	59.86
4	KEMPTER, Felix	M	23815	Abs	97	Region RZW	59.83
5	SANTOS, Tiago Andre	M	119684	Abs	00	Ba/Bomcar	59.84
6	DUARTE, Joao Silverio	M	111461	Abs	99	Seleccao do Interior Centro	1:00.12
7	SOUSA, Joao Ribeiro	M	123014	Abs	01	Porto	1:01.83
8	CARVALHO, Luis Miguel	M	124509	Abs	00	Ginasio de Vila Real	1:02.49
<b>Heat 3 of 5, 9:05</b>							
1	SILVA, Pedro Ferraz	M	104441	Abs	98	Aquatico Pacense	58.88
2	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	58.22
3	PERRILLON, Mathieu	M		Abs	98	CN Brest	57.46
4	TRIGO, Hugo Guilherme	M	104980	Abs	97	Sporting Clube de Aveiro	55.75
5	VOICU, Victor	M		Abs	97	Region RZW	56.83
6	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	57.63
7	MIGUEL, Marco Andre	M	109944	Abs	99	Seleccao de Santarem	58.35
8	JEGHER, Gabriel	M		Abs	99	Region RZW	59.72
<b>Heat 4 of 5, 9:10</b>							
1	STAUB, Ivo	M		Abs	95	Region RZW	58.81
2	LAMPART, Maurin	M	16512	Abs	94	Region RZW	57.82
3	CLEMENTE, Bernardo Santos	M	109157	Abs	98	Ba/Bomcar	57.39
4	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	54.24
5	LOPES, Gabriel Jose	M	24488	Abs	97	Louzan Natacao	56.13
6	CARVALHO, Mateus Ribeiro	M	119635	Abs	99	Famalicao	57.62
7	BOISARD, Alexis	M	505029036	Abs	51F97	CN Brest	58.34
8	SILVA, Jorge Jesus	M	121941	Abs	00	Braga	59.50

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Event 24, Men, 100m Butterfly, Prelim

Heat 5 of 5, 9:10

1	SANTOS, Joao Duarte	M	26430	Abs	95	Benfica	58.41
2	SOUSA, Ricardo Verissimo	M	25548	Abs	93	Colegio Vasco da Gama	57.75
3	SILVA, Joao Carlos	M	108379	Abs	98	Famalicao	57.26
4	PEREIRA, Luiz Ribeiro	M	148722	Abs	91	Benfica	53.75
5	MOREIRA, Diogo Fontes	M	13359	Abs	93	Leixoes	55.86
6	LOPES, Joao Francisco	M	107561	Abs	98	Braga	57.48
7	GRACA, Nuno Miguel	M	105631	Abs	98	Escola Desportiva de Viana	58.31
8	WEUSTINK, Koen	M	112240	Abs	00	Ginasio de Vila Real	59.19

Event 25

05-06-2016 - 9:10

Women, 100m Backstroke  
TURBO

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	1:03.42	LEITE, Ana Sofia	GCVR	Coimbra	03-04-2015
Recordes Nacionais 50m Inf B	1:10.04	SOUSA, Keissy Joselin	POR	Toulouse (FRA)	27-04-1997
Recordes Nacionais 50m Inf A	1:06.78	FERNANDES, Ines Camacho	POR	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv	1:04.90	SILVA, Joana Carina	LSXXI	Oeiras	25-03-2011
Recordes Nacionais 50m 15	1:03.92	FERNANDES, Ines Camacho	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m 15	1:03.92	SILVA, Joana Carina	LSXXI	Coimbra	06-04-2012
Recordes Nacionais 50m 16	1:04.00	FERNANDES, Ines Camacho	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	1:04.15	SANTOS, Maria Carlos	POR	Viena (AUT)	24-08-1995
Recordes Nacionais 50m 18 +	1:03.42	LEITE, Ana Sofia	GCVR	Coimbra	03-04-2015
Recorde Meeting	1:01.82	CHONG, He	CHN	Porto	26-06-1994

TLP JUN\_SEN FEM 16 +: 1:12.93 / TLP INF\_JUV FEM 12 - 15: 1:19.28

Pista Nome Sexo Licença Cat Ano Clube Tempo

Heat 1 of 7, 9:10

3	RAMIREZ, Claudia	F	49321988	Abs	03	CE Mediterrani	1:25.12
4	CARVALHO, Beatriz Almeida	F	127413	Abs	03	Bombeiros Ponta Delgada	1:18.45
5	SILVA, Ema Santos	F	121891	Abs	03	Clube Desportivo Feirense	1:19.35

Heat 2 of 7, 9:15

1	SOARES, Catarina Silva	F	121977	Abs	03	Porto	1:17.67
2	HENRIQUES, Maria Vitoria	F	128311	Abs	03	Assoc. Desportiva de Fafe	1:17.23
3	MACHADO, Joana Sofia	F	127918	Abs	02	Natacao de Valongo	1:16.87
4	RODRIGUES, Ana Beatriz	F	123480	Abs	02	Rio Maior	1:16.09
5	CAMPOS, Rita Alexandra	F	120820	Abs	02	Porto	1:16.12
6	BARBOSA, Adriana Freixo	F	123710	Abs	03	Viana Natacao	1:16.91
7	PINTO, Sofia Gales	F	129409	Abs	01	Colegio SMLamas	1:17.27

Heat 3 of 7, 9:15

1	FERNANDES, Filipa Viamonte	F	122198	Abs	02	Vitoria de Guimaraes/Olicargo	1:15.56
2	QUEIROS, Maria Oliveira	F	122867	Abs	02	Famalicao	1:15.23
3	PEREIRA, Joana Santos	F	116524	Abs	00	Gafanha da Encarnacao	1:14.38
4	MENDES, Lea Alexandra	F	125768	Abs	03	Gualdim Pais	1:13.89
5	TEIXEIRA, Ines Oliveira	F	129269	Abs	02	Clube Desportivo Estarreja	1:14.27
6	RODRIGUES, Helena Nunes	F	125022	Abs	03	Alges e Agueda XXI	1:15.14
7	ARAUJO, Beatriz Barros	F	125082	Abs	01	Ponte da Barca	1:15.50
8	CHULA, Ana Sousa	F	125019	Abs	01	Alges e Agueda XXI	1:16.00

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Event 25, Women, 100m Backstroke, Prelim

Heat 4 of 7, 9:15

1	RAMOS, Ana Rita	F	126775	Abs	02	Porto	1:13.32
2	POSSE, Barbara Outeiro	F	119456	Abs	00	Alges e Agueda XXI	1:12.66
3	MAIA, Mariana Sousa	F	118219	Abs	02	Famalicao	1:12.29
4	CUNHA, Mafalda Pacheco	F	121589	Abs	02	Fluvial Portuense	1:11.98
5	OLIVEIRA, Mafalda Joana	F	119096	Abs	02	Lousada SXXI	1:12.28
6	LOURENCO, Alice Carmo	F	122236	Abs	02	Viana Natacao	1:12.41
7	DUARTE, Ines Ferreira	F	118260	Abs	01	Seleccao de Santarem	1:12.82
8	MARTINS, Francisca Soares	F	126504	Abs	03	Foca	1:13.87

Heat 5 of 7, 9:20

1	CORREIA, Mariana Delicado	F	123599	Abs	01	Sporting	1:11.44
2	SANTOS, Ana Pedro	F	125372	Abs	02	Sporting Clube de Aveiro	1:09.84
3	FREIXO, Juliana Lima	F	100827	Abs	97	Braga	1:07.78
4	REBUSCO, Giulia	F		Abs	01	Sogeis Swim Team	1:05.38
5	FERREIRA, Catarina Maria	F	106534	Abs	98	Escola Desportiva de Viana	1:07.56
6	JARDIM, Catarina Alexandra	F	104449	Abs	98	Famalicao	1:08.84
7	FRAGA, Julia Albuquerque	F	123700	Abs	01	Aquatico Pacense	1:10.56
8	GRILO, Filipa Bile	F	121502	Abs	01	Benfica	1:11.81

Heat 6 of 7, 9:20

1	COSTA, Beatriz Neto	F	111310	Abs	00	Aquatico Pacense	1:11.18
2	ROLAO, Sofia Alexandra	F	108413	Abs	98	Benfica	1:09.61
3	CUNHA, Beatriz Ribeiro	F	118314	Abs	01	Foca	1:07.66
4	ZURFLUEH, Sarah	F		Abs	97	Region RZW	1:04.41
5	SANTOS, Alexandra Jesus	F	117408	Abs	00	Leixoes	1:07.18
6	SANCHO, Paula	F	46491992	Abs	02	CE Mediterrani	1:08.71
7	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	1:10.51
8	PEGO, Isabel Porfirio	F	121336	Abs	01	Porto	1:11.50

Heat 7 of 7, 9:20

1	MACEDO, Rosana Marinho	F	111500	Abs	99	Foca	1:10.90
2	PEREIRA, Francisca Santos	F	102019	Abs	98	Fluvial Portuense	1:09.45
3	SCHWERZMANN, Fabienne	F		Abs	95	Region RZW	1:07.58
4	LEITE, Ana Sofia	F	24784	Abs	93	Ginasio de Vila Real	1:03.42
5	ARREDONDO URRUCHI, Alexia	F	5842832	Abs	02	CN Santa Olaya	1:06.28
6	RALUCA, Artene Maria	F	12526	Abs	03	A.C.S. Ciprian	1:08.00
7	BELO, Maria Margarida	F	126587	Abs	02	Sporting	1:09.88
8	REBELO, Camila Rodrigues	F	122274	Abs	03	Louzan Natacao	1:11.48

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Event 26	Men, 200m Backstroke				Absolutos
05-06-2016 - 9:25	Konica Minolta				Startlist Prelim
Recordes Nacionais 50m Open	1:58.83	OLIVEIRA, Pedro Diogo	POR	Londres (GBR)	01-08-2012
Recordes Nacionais 50m Inf B	2:20.07	RUIVO, Andre Vilas	DNMG	S. João da Madeira	13-07-2013
Recordes Nacionais 50m Inf A	2:14.56	RIBAS, Alexandre Lages	EDV	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	2:06.44	VITAL, Joao Alexandre	POR	Utrecht (NED)	17-07-2013
Recordes Nacionais 50m Juv A	2:06.59	VITAL, Joao Alexandre	POR	Netanya (ISR)	28-06-2014
Recordes Nacionais 50m 17	2:03.06	OLIVEIRA, Pedro Diogo	POR	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m 18	2:02.21	OLIVEIRA, Pedro Diogo	CNRM	Coimbra	28-07-2006
Recordes Nacionais 50m Sen	1:58.83	OLIVEIRA, Pedro Diogo	POR	Londres (GBR)	01-08-2012
Recorde Meeting	2:02.43	SELKOV, Vladimir	RUS	Porto	01-07-1995

TLP JUN\_SEN MASC 17 +: 2:16.65 / TLP INF\_JUV MASC 13 - 16: 2:28.54

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 4, 9:25</b>							
2	MARTINEZ, Adria	M	46497849	Abs	02	CE Mediterrani	2:33.26
3	MARTINS, Rui Pires	M	122177	Abs	01	Assoc. Desportiva de Fafe	2:28.49
4	PINHO, Manuel Antonio	M	126014	Abs	01	Clube Desportivo Feirense	2:27.41
5	SOTELO, Pedro Freitas	M	124055	Abs	02	Viana Natacao	2:28.35
6	LOURENCO, Tiago Campos	M	127923	Abs	02	Natacao de Valongo	2:33.16
<b>Heat 2 of 4, 9:30</b>							
1	LEAL, Ricardo Luis	M	124173	Abs	01	Seleccao de Santarem	2:24.53
2	CUNHA, Afonso Passos	M	118228	Abs	01	Famalicao	2:21.07
3	SILVA, Job Santos	M	24351	Abs	96	Clube Desportivo Feirense	2:14.89
4	SANTOS, Francisco Rogerio	M	120268	Abs	98	Portugal	2:10.06
5	LOPES, Jose Paulo	M	117924	Abs	00	Braga	2:13.75
6	ZINCA, Andrei Iulian	M	119453	Abs	00	Gafanha da Encarnacao	2:18.38
7	MACHADO, Bruno Rafael	M	119176	Abs	01	Fluvial Portuense	2:23.91
8	ZENZA, Francisco Manuel	M	112097	Abs	01	Natacao da Maia	2:26.45
<b>Heat 3 of 4, 9:30</b>							
1	PEIXOTO, Joao Freitas	M	122172	Abs	01	Assoc. Desportiva de Fafe	2:24.32
2	FRADE, Miguel Goncalves	M	120778	Abs	00	Seleccao de Santarem	2:20.82
3	ROSA, Afonso Guilherme	M	103331	Abs	99	Seleccao de Santarem	2:14.28
4	GAGULIC, Dario	M		Abs	98	Region RZW	2:08.53
5	TINOCO, Joao Pereira	M	111056	Abs	00	Famalicao	2:12.55
6	PERLOIRO, Bernardo Goya	M	120635	Abs	00	Sporting	2:18.08
7	FIDALGO, Mateus Valente	M	122251	Abs	01	Clube Desportivo Estarreja	2:23.69
8	FERREIRA, Nuno Filipe	M	119654	Abs	00	Foca	2:26.01
<b>Heat 4 of 4, 9:35</b>							
1	MORAIS, Hugo Gabriel	M	108637	Abs	00	Famalicao	2:24.00
2	PINTO, Daniel Cipriano	M	123598	Abs	00	Sporting	2:19.53
3	SAMPAIO, Jose Pedro	M	108295	Abs	98	Foca	2:14.19
4	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	2:03.55
5	CORREIA, Joao Mota	M	102308	Abs	97	Benfica	2:10.16
6	MOREIRA, Jose Salgado	M	121706	Abs	01	Famalicao	2:17.91
7	GRACA, Tomas Afonso	M	127260	Abs	01	Benfica	2:22.24
8	COSTA, Joao Nogueira	M	124315	Abs	01	Vitoria de Guimaraes/Olicargo	2:24.57

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Event 27	Women, 100m Breaststroke				Absolutos
05-06-2016 - 9:35	Clinica Medica da Foz				Startlist Prelim
Recordes Nacionais 50m Open	1:08.82	RODRIGUES, Ana Pinho	AEJ	Coimbra	31-05-2015
Recordes Nacionais 50m Inf B	1:18.66	PEREIRA, Clara Gomes	SAD	Loul�	20-07-2014
Recordes Nacionais 50m Inf A	1:15.49	RODRIGUES, Ana Pinho	AEJ	Coimbra	08-07-2007
Recordes Nacionais 50m Juv	1:12.89	OLIVEIRA, Paula Alexandra	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m 15	1:10.73	RODRIGUES, Ana Pinho	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m 16	1:10.09	GOMES, Diana Duarte	POR	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 17	1:10.43	GOMES, Diana Duarte	POR	Rio Janeiro (BRA)	26-08-2006
Recordes Nacionais 50m 18 +	1:08.82	RODRIGUES, Ana Pinho	AEJ	Coimbra	31-05-2015
Recorde Meeting	1:09.49	GUZZETTI, Michela	ITA	Porto	21-06-2009

TLP JUN\_SEN FEM 16 +: 1:19.14 / TLP INF\_JUV FEM 12 - 15: 1:26.02

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 5, 9:35</b>							
1	OLIVEIRA, Claudia Sofia	F	122288	Abs	02	Estamos Juntos	1:26.02
2	MACHADO, Raquel Cruz	F	124869	Abs	03	Clube Desportivo Estarreja	1:26.02
3	LOPES, Margarida Santos	F	125564	Abs	04	Clube Desportivo Estarreja	1:26.02
4	JOSE, Constanca Isabel	F	121266	Abs	01	Gualdim Pais	1:25.00
5	RODRIGUES, Cintia Cardoso	F	126766	Abs	03	Clube Desportivo Estarreja	1:25.19
6	CASTRO, Andreia Rodrigues	F	126665	Abs	01	Clube Desportivo Estarreja	1:26.02
7	LEITE, Sofia Margarida	F	122004	Abs	03	Foca	1:26.02
8	ZOUANE, Zahra	F	47323318	Abs	04	CE Mediterrani	1:29.65
<b>Heat 2 of 5, 9:40</b>							
1	ARAUJO, Beatriz Barros	F	125082	Abs	01	Ponte da Barca	1:24.76
2	GALACHA, Mariana Sobral	F	123591	Abs	01	Sporting	1:22.82
3	MERINO, Sara	F	47264514	Abs	01	CE Mediterrani	1:22.38
4	SILVA, Natacha Sofia	F	125594	Abs	02	Benfica	1:22.07
5	RENGA, Ines Comprido	F	121801	Abs	01	Seleccao do Interior Centro	1:22.31
6	DOMINGUES, Matilde Mota	F	122289	Abs	03	Colegio SMLamas	1:22.72
7	SANTOS, Diana Sofia	F	122847	Abs	02	Clube Desportivo Estarreja	1:24.13
8	PEREZ MASIP, Anna	F	49297942	Abs	03	CE Mediterrani	1:24.80
<b>Heat 3 of 5, 9:40</b>							
1	TEIXEIRA, Ines Oliveira	F	129269	Abs	02	Clube Desportivo Estarreja	1:20.60
2	LOPES, Ariana Santos	F	122846	Abs	00	Clube Desportivo Estarreja	1:18.49
3	HUCHTHAUSEN, Chantal	F		Abs	99	Region RZW	1:17.09
4	SILVA, Ines Rocha	F	117806	Abs	00	Portugal	1:12.51
5	CAMERON, Sheena	F		Abs	92	Region RZW	1:14.31
6	CUNHA, Beatriz Ribeiro	F	118314	Abs	01	Foca	1:17.70
7	VEIGA, Ana Filipa	F	125558	Abs	01	Gafanha da Encarnacao	1:18.92
8	SANTOS, Carolina Ascenso	F	121271	Abs	01	Natacao da Maia	1:22.05
<b>Heat 4 of 5, 9:45</b>							
1	MARQUES, Mafalda Gilberto	F	126792	Abs	01	Seleccao de Santarem	1:20.12
2	MARTINS, Ines Araujo	F	111046	Abs	01	Famalicao	1:18.47
3	GONCALVES, Sofia Filipa	F	122990	Abs	01	Leixoes	1:15.68
4	PEREIRA, Raquel Gomes	F	118469	Abs	00	Portugal	1:11.84
5	BORGES, Claudia Ferreira	F	116591	Abs	99	Portugal	1:14.00
6	FERREIRA, Diana Patricia	F	23500	Abs	94	Aquatico Pacense	1:17.40
7	MAGALHAES, Barbara Vilela	F	119078	Abs	01	Porto	1:18.75
8	COSTA, Mariana Cardoso	F	117322	Abs	01	Natacao da Maia	1:21.79

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Event 27, Women, 100m Breaststroke, Prelim

Heat 5 of 5, 9:45

1	RODRIGUES, Ana Luis	F	122578	Abs	00	Campinho	1:19.14
2	SILVA, Beatriz Santos	F	112078	Abs	01	Porto	1:18.00
3	SILVA, Maria Madalena	F	116614	Abs	98	Seleccao de Santarem	1:15.55
4	RODRIGUES, Ana Pinho	F	13372	Abs	94	Estamos Juntos	1:08.82
5	ALCAUZAR, Ehari	F	46480118	Abs	99	CE Mediterrani	1:13.01
6	RAMIA, Gina	F	47443814	Abs	99	CE Mediterrani	1:17.24
7	RODRIGUES, Ana Rita	F	125566	Abs	99	Sporting Clube de Aveiro	1:18.49
8	COSTA, Ana Rita	F	116907	Abs	01	Natacao de Valongo	1:21.57

Event 28

05-06-2016 - 9:45

Men, 50m Breaststroke  
GRAFIPRONGO

Absolutos  
Startlist

Recordes Nacionais 50m Open	28.16	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m 17	29.10	AGOSTINHO, Pedro Miguel	POR	Praga (CZE)	10-07-2009
Recordes Nacionais 50m 18	29.07	RAMOS, Bruno Miguel	POR	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	30-07-2013
Recorde Meeting	28.15	DJABURIA, Alexandr	UKR	Porto	02-07-1995

TLP ABS MASCULINOS : 32.38

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Heat 1 of 4, 9:45

3	SUBIRA, Eduard	M	45128991	Abs	03	CE Mediterrani	36.80
4	MAXIMO, Joao Luis	M	125641	Abs	98	O Crasto	32.36
5	MELO, Edgar Ribau	M	124556	Abs	99	Gafanha da Encarnacao	33.43

Heat 2 of 4, 9:50

1	CORREIA, Andre Filipe	M	118799	Abs	97	Clube Desportivo Feirense	32.26
2	MONTEIRO, Ricardo Manuel	M	110556	Abs	98	Leixoes	32.19
3	KADOSA, Tompa Gyorgy	M	11410	Abs	00	A.C.S. Ciprian	31.39
4	ABDULLAHU, Thesar	M	23985	Abs	98	Region RZW	31.18
5	MARQUES, Tiago Andre	M	18351	Abs	93	Sporting Clube de Espinho	31.20
6	GOMES, Filipe Miguel	M	107284	Abs	97	Ba/Bomcar	31.47
7	SANTOS, Joao Pedro	M	104562	Abs	98	Fluvial Portuense	32.24
8	DOMINGUES, Tomas Mota	M	116867	Abs	99	Colegio SMLamas	32.28

Heat 3 of 4, 9:50

1	VELOSO, Mario Jorge	M	112051	Abs	98	Braga	30.57
2	PON, Hugo	M	110164	Abs	98	Portugal	30.17
3	CARRICO, Antonio Fernandes	M	106926	Abs	98	Portugal	29.85
4	VIAZZO, Giacomo	M		Abs	97	Sogeis Swim Team	29.71
5	LAMPART, Maurin	M	16512	Abs	94	Region RZW	29.82
6	RAMOS, Filipe Carmo	M	105197	Abs	97	Vilacondense	29.95
7	COSTA, Diogo Miguel	M	110489	Abs	98	Porto	30.49
8	AMORIM, Alexandre Ferreira	M	103953	Abs	99	Colegio SMLamas	30.81

Heat 4 of 4, 9:50

1	SILVA, Sergio Baptista	M	15703	Abs	91	Porto	29.54
2	MIOSSEC, Mathieu	M	505029036	Abs	20F94	CN Brest	29.43
3	SCHERER, Roman	M	26177	Abs	95	Region RZW	29.37
4	BAZZOLI, Andrea	M		Abs	94	Sogeis Swim Team	28.71
5	HEINIMANN, Oliver	M	20964	Abs	89	Region RZW	28.74
6	QUINTANILHA, Nuno Goncalo	M	12902	Abs	87	Colegio Vasco da Gama	29.38
7	CAPITAO, Simao Miguel	M	109596	Abs	97	Colegio SMLamas	29.47
8	STAUB, Ivo	M		Abs	95	Region RZW	29.58

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Event 29 05-06-2016 - 9:50	Women, 200m Freestyle C�mara Municipal do Porto				Absolutos Startlist Prelim
Recordes Nacionais 50m Open	2:02.65	DURAES, Diana Margarida	FCP	Oeiras	13-03-2016
Recordes Nacionais 50m Inf B	2:12.20	RUIVO, Filipa Vilas	DNMG	S. Jo�o da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	2:10.86	FRAZAO, Alexandra Couto	CNA	Oeiras	11-04-2015
Recordes Nacionais 50m Juv	2:07.40	CABRAL, Maria Francisca	FCP	Oeiras	25-07-2014
Recordes Nacionais 50m 15	2:05.94	HOLUB, Tamila Hryhorivna	SCB	Oeiras	25-07-2014
Recordes Nacionais 50m 16	2:05.38	ALEGRIA, Ana Feio	POR	Floren�a (ITA)	03-04-1993
Recordes Nacionais 50m 17	2:03.70	DURAES, Diana Margarida	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m 18 +	2:02.65	DURAES, Diana Margarida	FCP	Oeiras	13-03-2016
Recorde Meeting	2:00.07	POTEC, Camelia	ROU	Porto	27-06-1999

TLP JUN\_SEN FEM 16 +: 2:21.93 / TLP INF\_JUV FEM 12 - 15: 2:34.28

Pista	Nome	Sexo	Licen�a	Cat	Ano	Clube	Tempo
<b>Heat 1 of 12, 9:50</b>							
3	SANS, Laia	F	47955347	Abs	03	CE Mediterrani	2:40.80
4	FERREIRA PINTO, Susana	F	127975	Abs	01	Gafanha da Encarnacao	2:34.61
5	AMORIM, Maria Leonor	F	122000	Abs	03	Porto	2:36.39
<b>Heat 2 of 12, 9:55</b>							
2	LOPES, Rita Daniela	F	123412	Abs	01	Gualdim Pais	2:34.28
3	VIEIRA, Carolina Lopes	F	122851	Abs	02	Gualdim Pais	2:33.42
4	SILVA, Ana Pereira	F	124810	Abs	03	Assoc. Desportiva de Fafe	2:32.60
5	SANTOS, Matilde Guimaraes	F	122894	Abs	02	Leixoes	2:32.86
6	COSTA, Mafalda Magalhaes	F	124469	Abs	03	Gualdim Pais	2:34.28
7	RIBEIRO, Carolina Falcao	F	131161	Abs	03	Sporting Clube de Aveiro	2:34.28
<b>Heat 3 of 12, 10:00</b>							
1	RODRIGUES, Cintia Cardoso	F	126766	Abs	03	Clube Desportivo Estarreja	2:32.22
2	SANTOS, Diana Sofia	F	122847	Abs	02	Clube Desportivo Estarreja	2:31.62
3	SOARES, Carolina Silva	F	123910	Abs	03	Natacao de Valongo	2:30.19
4	SOARES, Ana Margarida	F	127965	Abs	01	Clube Desportivo Estarreja	2:29.44
5	MATIAS, Marta Filipa	F	126927	Abs	03	Seleccao do Interior Centro	2:29.65
6	FONTES, Beatriz Sousa	F	126659	Abs	01	Colegio SMLamas	2:30.79
7	COSTA, Luana Beatriz	F	126882	Abs	03	Foca	2:31.83
8	PEREIRA, Catarina Carvalho	F	123071	Abs	03	Porto	2:32.51
<b>Heat 4 of 12, 10:00</b>							
1	MANSO PRETO, Filipa	F	122150	Abs	04	Porto	2:28.76
2	CARDOSO, Rita Constanca	F	121989	Abs	03	Porto	2:28.41
3	TEIXEIRA, Ana Margarida	F	111504	Abs	02	Foca	2:27.07
4	CASTRO, Maria Freitas	F	124809	Abs	03	Assoc. Desportiva de Fafe	2:26.26
5	LIN, Patricia Cai	F	126266	Abs	01	Alges e Agueda XXI	2:26.82
6	FERREIRA, Maria Ines	F	123908	Abs	02	Natacao de Valongo	2:27.88
7	ANDIAS, Catarina Salome	F	125847	Abs	02	Sporting Clube de Aveiro	2:28.56
8	ALMEIDA, Ana Margarida	F	122992	Abs	03	Foca	2:28.88
<b>Heat 5 of 12, 10:05</b>							
1	CUNHA, Mariana Pacheco	F	124577	Abs	04	Fluvial Portuense	2:26.07
2	CARVALHO, Beatriz Moreira	F	127313	Abs	03	Rio Maior	2:25.69
3	MACEDO, Beatriz Daniela	F	124313	Abs	02	Vitoria de Guimaraes/Olicargo	2:25.26
4	PINHEIRO, Ana Carmo	F	124856	Abs	02	Ginasio Santo Tirso	2:24.69
5	CAMPOS, Alexandra Martins	F	127155	Abs	02	Leixoes	2:24.98
6	PINTO, Sofia Gales	F	129409	Abs	01	Colegio SMLamas	2:25.30
7	CARNEIRO, Sofia Maria	F	127921	Abs	03	Porto	2:25.83
8	RODRIGUES, Helena Nunes	F	125022	Abs	03	Alges e Agueda XXI	2:26.19

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Event 29, Women, 200m Freestyle, Prelim

Heat 6 of 12, 10:05

1	REBELO, Camila Rodrigues	F	122274	Abs	03	Louzan Natacao	2:23.87
2	RODRIGUES, Ana Beatriz	F	123480	Abs	02	Rio Maior	2:22.80
3	SILVA, Beatriz Ferreira	F	124250	Abs	01	Braga	2:22.68
4	JACINTO, Joana Daniela	F	111230	Abs	01	Natacao da Maia	2:22.20
5	TOME, Maria de Castro	F	122200	Abs	02	Sporting Clube de Aveiro	2:22.34
6	GRAVETO, Ana Raquel	F	129628	Abs	02	Benfica	2:22.72
7	SAMPAIO, Mariana Magalhaes	F	122166	Abs	03	Assoc. Desportiva de Fafe	2:23.46
8	CORREIA, Mariana Delicado	F	123599	Abs	01	Sporting	2:24.36

Heat 7 of 12, 10:10

1	MARTINS, Mar	F	49895847	Abs	02	CE Mediterrani	2:22.10
2	MAGALHAES, Ana Catarina	F	119092	Abs	02	Lousada SXXI	2:21.99
3	MARTINS, Mariana Lopes	F	122076	Abs	98	CCDSerta	2:21.89
4	MARQUES, Erika Almeida	F	121691	Abs	01	Braga	2:21.75
5	DIAS, Maria Beatriz	F	108045	Abs	99	Selecao de Santarem	2:21.87
6	POSSE, Barbara Outeiro	F	119456	Abs	00	Alges e Agueda XXI	2:21.93
7	MOREIRA, Mariana Filipa	F	125777	Abs	02	Natacao de Valongo	2:22.06
8	MACHADO, Joana Sofia	F	127918	Abs	02	Natacao de Valongo	2:22.13

Heat 8 of 12, 10:15

1	SILVA, Joana Filipa	F	125636	Abs	98	O Crasto	2:20.47
2	ROSA, Mafalda Sofia	F	127310	Abs	03	Rio Maior	2:19.65
3	FERNANDES, Leonor Camacho	F	126576	Abs	02	Sporting	2:19.25
4	OLIVEIRA, Ines Silva	F	116890	Abs	00	Individual Norte de Portugal	2:18.99
5	ANTUNES, Ana Cruz	F	121501	Abs	01	Benfica	2:19.20
6	LOUREIRO, Sara Rulin	F	123345	Abs	01	Benfica	2:19.43
7	RAMOS, Ana Sofia	F	108171	Abs	00	Fluvial Portuense	2:20.38
8	OLIVEIRA, Mafalda Malafala	F	109663	Abs	99	Porto	2:20.54

Heat 9 of 12, 10:15

1	LA FERIA, Ana Beatriz	F	116885	Abs	99	Porto	2:18.70
2	CARPINTEIRO, Carolina Silverio	F	119481	Abs	02	Natacao do Tejo	2:18.34
3	SILVA, Rafaela Araujo	F	119630	Abs	00	Famalicao	2:18.18
4	SANTOS, Iris Cunha	F	117418	Abs	00	Porto	2:17.13
5	LEMONS, Leila Tavarria	F	127860	Abs	00	Vilacondense	2:17.14
6	MARTINS, Ines Alves	F	112126	Abs	01	Fluvial Portuense	2:18.26
7	SANTOS, Carolina Ascenso	F	121271	Abs	01	Natacao da Maia	2:18.51
8	BELO, Maria Margarida	F	126587	Abs	02	Sporting	2:18.93

Heat 10 of 12, 10:20

1	BRANDAO, Beatriz Aires	F	125145	Abs	02	Escola Desportiva de Viana	2:16.50
2	WUETHRICH, Rachel	F		Abs	95	Region RZW	2:13.68
3	PINA, Ana Sofia	F	125639	Abs	02	O Crasto	2:11.14
4	GALLINA, Francesca	F		Abs	01	Sogeis Swim Team	2:08.00
5	AMORIM, Maria Luis	F	102029	Abs	95	Porto	2:09.02
6	CANALS, Paula	F	47321424	Abs	00	CE Mediterrani	2:13.11
7	BAETA, Patricia Palmeiro	F	112658	Abs	00	Selecao de Santarem	2:14.77
8	LIMA, Jessica Soares	F	126993	Abs	02	Braga	2:16.86

Heat 11 of 12, 10:20

1	RIBEIRO, Nina Pinto	F	116914	Abs	02	Foca	2:15.78
2	NEVES, Carolina Marques	F	121422	Abs	01	Selecao de Santarem	2:13.24
3	SUAREZ GONZALEZ, Gracia	F	53679181	Abs	00	CN Santa Olaya	2:10.07
4	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	2:07.98
5	ORTEGA, Marta	F	47993887	Abs	97	CE Mediterrani	2:08.49
6	COSTA, Maria Carolina	F	119080	Abs	01	Porto	2:11.86
7	PEREIRA, Ines Eira	F	117517	Abs	99	Estamos Juntos	2:14.61
8	SANCHO, Paula	F	46491992	Abs	02	CE Mediterrani	2:16.81

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Event 29, Women, 200m Freestyle, Prelim

Heat 12 of 12, 10:25

1	FERREIRA, Rute Santos	F	103823	Abs	97	Porto	2:15.51
2	CARDOSO, Beatriz Neves	F	105741	Abs	98	Colegio SMLamas	2:13.13
3	HENAULT MENESGUEN, Adele	F		Abs	98	CN Brest	2:09.61
4	DURAES, Diana Margarida	F	102992	Abs	96	Porto	2:02.65
5	FARIA, Ana Rita	F	117417	Abs	00	Portugal	2:08.01
6	PEGO, Isabel Porfirio	F	121336	Abs	01	Porto	2:11.42
7	GONZALEZ, Andrea	F	49819645	Abs	00	CE Mediterrani	2:14.37
8	GALLEN, Neus	F	21770607	Abs	01	CE Mediterrani	2:16.66

Event 30

05-06-2016 - 10:25

Men, 400m Freestyle  
Clinica Medica da Foz

Absolutos  
Startlist Prelim

Recordes Nacionais 50m Open	3:52.29	MAIA, Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	OLIVEIRA, Pedro Fontoura	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	OLIVEIRA, Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	COSTA, Rui Filipe	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	SANTA, Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m 17	3:57.15	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m 18	3:58.26	CARNEIRO, Ivo Emanuel	POR	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	MAIA, Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Recorde Meeting	3:55.56	SADOVI, Eugeni	RUS	Porto	27-06-1993

TLP JUN\_SEN MASC 17 +: 4:27.13 / TLP INF\_JUV MASC 13 - 16: 4:50.36

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Heat 1 of 8, 10:25

1	RIBEIRO, Luis Manuel	M	120816	Abs	02	Porto	4:53.77
2	FERNANDES, Luis Tiago	M	111447	Abs	01	Famalicao	4:47.27
3	PAIVA, Ruben Silva	M	121893	Abs	00	Clube Desportivo Feirense	4:46.33
4	BARROSO, Bruno Carvalho	M	125969	Abs	01	Leixoes	4:45.25
5	FREITAS, Joao Pinto	M	122926	Abs	01	Assoc. Desportiva de Fafe	4:45.83
6	FERREIRA, Nuno Filipe	M	119654	Abs	00	Foca	4:46.43
7	FREIRE, Tiago Mendonca	M	116898	Abs	01	Leixoes	4:49.30

Heat 2 of 8, 10:30

1	FERNANDES, Romeu Ribeiro	M	122171	Abs	01	Assoc. Desportiva de Fafe	4:45.13
2	SOUSA, Miguel Filipe	M	123704	Abs	00	Fluvial Portuense	4:44.41
3	DIAS, Sergio Eduardo	M	108011	Abs	00	Aquatico Pacense	4:40.57
4	DIAS, Ivo Manuel	M	111508	Abs	00	Foca	4:40.00
5	TOME, David Emanuel	M	126011	Abs	03	HC Mealhada/Credito Agricola	4:40.29
6	COSTA, Marco Antonio	M	121638	Abs	02	Seleccao do Interior Centro	4:41.02
7	CARVALHO, Mateus Ribeiro	M	119635	Abs	99	Famalicao	4:44.67
8	COSTA, Samson Silva	M	120847	Abs	02	Fluvial Portuense	4:45.15

Heat 3 of 8, 10:40

1	DUARTE, Manuel Sardinha	M	123434	Abs	00	Ba/Bomcar	4:38.57
2	ALMEIDA, Andre Filipe	M	110492	Abs	00	Porto	4:37.11
3	COSTA, Joao Mano	M	121356	Abs	01	Braga	4:35.23
4	JORGE, Tiago Andre	M	119683	Abs	00	Ba/Bomcar	4:34.07
5	AMORIM, Ivan Emanuel	M	124774	Abs	02	Fluvial Portuense	4:34.30
6	MOREIRA, Ricardo Jorge	M	122012	Abs	01	Natacao de Valongo	4:35.55
7	BORGES, Tomas Pimentel	M	112140	Abs	00	Porto	4:37.23
8	MELO, Joao Sa	M	118226	Abs	01	Famalicao	4:39.46

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Event 30, Men, 400m Freestyle, Prelim

Heat 4 of 8, 10:45

1	FERNANDES, Eduardo Gomes	M	117625	Abs	02	HC Mealhada/Credito Agricola	4:31.93
2	CARBALLO PEREZ, Mario	M	58432990	Abs	01	CN Santa Olaya	4:31.15
3	SANTOS, Tiago Andre	M	119684	Abs	00	Ba/Bomcar	4:29.27
4	NOVAIS, Tiago Miguel	M	117886	Abs	00	Escola Desportiva de Viana	4:28.45
5	JESUS, Afonso Guilherme	M	117174	Abs	00	Sporting	4:29.06
6	NEVES, Tomas Quintas	M	125144	Abs	00	Escola Desportiva de Viana	4:30.88
7	SARAIVA, Joao Leite	M	118229	Abs	01	Famalicao	4:31.74
8	PINTO, Bruno Miguel	M	121335	Abs	00	Porto	4:33.88

Heat 5 of 8, 10:50

1	SAMPAIO, Jose Pedro	M	108295	Abs	98	Foca	4:27.13
2	LEBRE, Diogo Ramos	M	122294	Abs	01	Sporting Clube de Aveiro	4:25.92
3	SANTOS, Pedro Miguel	M	121987	Abs	01	Porto	4:24.86
4	BESSA, Antonio Rafael	M	102089	Abs	94	Aquatico Pacense	4:23.08
5	SOARES, Joao Diogo	M	122731	Abs	00	Fluvial Portuense	4:23.99
6	BASTOS, Diogo Moreno	M	108285	Abs	00	Fluvial Portuense	4:25.48
7	MATIAS, Dario Fausto	M	106690	Abs	98	Torres Novas	4:26.84
8	ALMEIDA, Albino David	M	125643	Abs	99	O Crasto	4:27.13

Heat 6 of 8, 10:55

1	SILVA, Paulo Filipe	M	117012	Abs	98	Natacao da Maia	4:21.53
2	BASTIAN ANTON, Angel	M	58427860	Abs	98	CN Santa Olaya	4:17.79
3	TRAVANCA, Sergio Filipe	M	117385	Abs	00	Fluvial Portuense	4:17.07
4	NETO, Pedro Goncalves	M	102038	Abs	98	Porto	4:15.93
5	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	4:16.33
6	PEREIRA, Joao Peixoto	M	121310	Abs	01	Braga	4:17.22
7	FERRI, Daniel	M	46418647	Abs	99	CE Mediterrani	4:19.02
8	MENDES, Joao Santos	M	111648	Abs	98	Leixoes	4:22.91

Heat 7 of 8, 11:00

1	DANTAS, Diogo Leal	M	123594	Abs	00	Sporting	4:13.87
2	CAMPOS, Tiago Filipe	M	116573	Abs	99	Seleccao de Santarem	4:11.08
3	VAZ, Luis Emanuel	M	15628	Abs	91	Famalicao	4:07.60
4	FARINHA, Andre Filipe	M	105086	Abs	96	Benfica	4:02.06
5	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	4:03.00
6	LOPES, Jose Paulo	M	117924	Abs	00	Braga	4:10.28
7	NOGUEIRA, Goncalo Miguel	M	104471	Abs	98	Porto	4:12.14
8	MENDEZ MIRANDA, Alfonso	M	58430679	Abs	99	CN Santa Olaya	4:15.89

Heat 8 of 8, 11:05

1	ROYER, Elouan	M		Abs	98	CN Brest	4:12.96
2	OLIVEIRA, Tiago Silva	M	15465	Abs	94	Fluvial Portuense	4:10.47
3	JEGHER, Gabriel	M		Abs	99	Region RZW	4:03.30
4	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	4:00.61
5	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	4:02.89
6	VALLINA GUERRA, Adrian	M	53677981	Abs	93	CN Santa Olaya	4:10.07
7	NUNES, Diogo Barbosa	M	110529	Abs	00	Fluvial Portuense	4:11.88
8	FERNANDES, Jose Pedro	M	111611	Abs	99	Braga	4:14.23

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Event 31	Women, 200m Medley				Absolutos
05-06-2016 - 11:10	Konica Minolta				Startlist Prelim
Recordes Nacionais 50m Open	2:14.76	KAMINSKAYA, Victoria	ESJB	Coimbra	28-05-2016
Recordes Nacionais 50m Inf B	2:33.06	FERNANDES, Ines Camacho	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	2:28.56	MIGUEL, Susana Patricia	POR	Paris (FRA)	29-07-2003
Recordes Nacionais 50m Juv	2:23.60	DURAES, Diana Margarida	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m 15	2:21.01	PEREIRA, Raquel Gomes	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m 16	2:20.61	DURAES, Diana Margarida	FOCA	Porto	03-06-2012
Recordes Nacionais 50m 17	2:17.47	KAMINSKAYA, Victoria	PMP	Oeiras	29-07-2012
Recordes Nacionais 50m 18 +	2:14.76	KAMINSKAYA, Victoria	ESJB	Coimbra	28-05-2016
Recorde Meeting	2:16.09	ZAVADOVA, Barbora	CZE	Porto	08-06-2014

TLP JUN\_SEN FEM 16 +: 2:35.79 / TLP INF\_JUV FEM 12 - 15: 2:49.34

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 6, 11:10</b>							
1	FERRI, Mireia	F	46418648	Abs	04	CE Mediterrani	3:04.13
2	TUBELLA, Maria	F	21774549	Abs	03	CE Mediterrani	3:03.15
3	RENGA, Ines Comprido	F	121801	Abs	01	Seleccao do Interior Centro	2:47.33
4	CASTRO, Maria Freitas	F	124809	Abs	03	Assoc. Desportiva de Fafe	2:46.37
5	FELGUEIRAS, Helena Isabel	F	122011	Abs	03	Natacao de Valongo	2:47.26
6	ZOUANE, Zahra	F	47323318	Abs	04	CE Mediterrani	3:01.99
7	MALDONADO, Lucia	F	49952306	Abs	04	CE Mediterrani	3:03.37
<b>Heat 2 of 6, 11:10</b>							
1	SAMPAIO, Mariana Magalhaes	F	122166	Abs	03	Assoc. Desportiva de Fafe	2:44.52
2	RODRIGUES, Daniela Oliveira	F	118056	Abs	02	Natacao de Valongo	2:43.14
3	MARQUES, Mafalda Gilberto	F	126792	Abs	01	Seleccao de Santarem	2:42.04
4	CASTRO, Andreia Rodrigues	F	126665	Abs	01	Clube Desportivo Estarreja	2:40.86
5	DOMINGUES, Matilde Mota	F	122289	Abs	03	Colegio SMLamas	2:41.45
6	COSTA, Ana Rita	F	116907	Abs	01	Natacao de Valongo	2:42.04
7	SOARES, Catarina Silva	F	121977	Abs	03	Porto	2:43.30
8	RIBEIRO, Mariana Oliveira	F	112134	Abs	01	Colegio SMLamas	2:44.54
<b>Heat 3 of 6, 11:15</b>							
1	MATOS, Lara Beatriz	F	111049	Abs	01	Famalicao	2:40.16
2	SILVA, Natacha Sofia	F	125594	Abs	02	Benfica	2:39.29
3	VEIGA, Ana Filipa	F	125558	Abs	01	Gafanha da Encarnacao	2:38.39
4	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	2:35.46
5	COSTA, Mariana Cardoso	F	117322	Abs	01	Natacao da Maia	2:38.34
6	DUARTE, Ines Ferreira	F	118260	Abs	01	Seleccao de Santarem	2:39.19
7	SANTOS, Ana Pedro	F	125372	Abs	02	Sporting Clube de Aveiro	2:39.42
8	CHULA, Ana Sousa	F	125019	Abs	01	Alges e Agueda XXI	2:40.43
<b>Heat 4 of 6, 11:20</b>							
1	OLIVEIRA, Mafalda Joana	F	119096	Abs	02	Lousada SXXI	2:33.79
2	RAMIA, Gina	F	47443814	Abs	99	CE Mediterrani	2:32.66
3	CAMERON, Sheena	F		Abs	92	Region RZW	2:26.46
4	ROCHA, Ines Neto	F	111313	Abs	01	Aquatico Pacense	2:21.75
5	ARREDONDO URRUCHI, Alexia	F	5842832	Abs	02	CN Santa Olaya	2:24.32
6	GALLINA, Francesca	F		Abs	01	Sogeis Swim Team	2:30.00
7	VASCONCELOS, Beatriz Pereira	F	107934	Abs	98	Vilacondense	2:33.33
8	PINTO, Ana Miguel	F	107478	Abs	99	Viana Natacao	2:35.05

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Event 31, Women, 200m Medley, Prelim

Heat 5 of 6, 11:20

1	GUEDES, Ana Margarida	F	109087	Abs	01	Ginasio de Vila Real	2:33.68
2	TREMOCO, Raquel Antunes	F	124023	Abs	01	Sporting	2:31.36
3	SILVA, Maria Madalena	F	116614	Abs	98	Seleccao de Santarem	2:25.57
4	AZEVEDO, Madalena Gomes	F	110160	Abs	99	Portugal	2:21.54
5	SILVA, Ines Rocha	F	117806	Abs	00	Portugal	2:23.91
6	ALCAUZAR, Ehari	F	46480118	Abs	99	CE Mediterrani	2:29.79
7	MAIA, Mariana Sousa	F	118219	Abs	02	Famalicao	2:33.08
8	GALACHA, Mariana Sobral	F	123591	Abs	01	Sporting	2:34.69

Heat 6 of 6, 11:25

1	RAMOS, Ana Rita	F	126775	Abs	02	Porto	2:33.41
2	GONCALVES, Sofia Filipa	F	122990	Abs	01	Leixoes	2:30.78
3	HENault MENESGUEN, Adele	F		Abs	98	CN Brest	2:25.51
4	KAMINSKAYA, Victoria	F	102313	Abs	95	Estrelas S.Joao de Brito	2:16.32
5	REBUSCO, Giulia	F		Abs	01	Sogeis Swim Team	2:22.45
6	ZURFLUEH, Sarah	F		Abs	97	Region RZW	2:26.71
7	AGOSTINHO, Catia Iordan	F	127312	Abs	02	Rio Maior	2:32.91
8	SILVA, Beatriz Santos	F	112078	Abs	01	Porto	2:34.34

Event 32

05-06-2016 - 11:30

Men, 50m Backstroke  
VITALIS

Absolutos  
Startlist

Recordes Nacionais 50m Open	25.54	SANTOS, Alexis Manacas	SCP	Coimbra	20-12-2015
Recordes Nacionais 50m 17	26.91	SANTOS, Alexis Manacas	POR	Praga (CZE)	11-07-2009
Recordes Nacionais 50m 18	26.58	SANTOS, Alexis Manacas	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.54	SANTOS, Alexis Manacas	SCP	Coimbra	20-12-2015
Recorde Meeting	26.33	SANTOS, Alexis Manacas	POR	Porto	03-06-2012

TLP ABS MASCULINOS : 29.55

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
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Heat 1 of 2, 11:30

2	ROSA, Afonso Guilherme	M	103331	Abs	99	Seleccao de Santarem	28.89
3	WEUSTINK, Koen	M	112240	Abs	00	Ginasio de Vila Real	28.56
4	SILVA, Job Santos	M	24351	Abs	96	Clube Desportivo Feirense	28.37
5	MOREIRA, Diogo Fontes	M	13359	Abs	93	Leixoes	28.54
6	BOUTIN, Gurban	M	505029036	Abs	18F97	CN Brest	28.59

Heat 2 of 2, 11:30

1	SANTOS, Joao Pedro	M	105859	Abs	95	Clube Desportivo Estarreja	27.51
2	LOPES, Joao Francisco	M	107561	Abs	98	Braga	27.43
3	MIOSSEC, Mathieu	M	505029036	Abs	20F94	CN Brest	26.97
4	STAUB, Ivo	M		Abs	95	Region RZW	25.84
5	LOPES, Gabriel Jose	M	24488	Abs	97	Louzan Natacao	26.40
6	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	27.17
7	GAGULIC, Dario	M		Abs	98	Region RZW	27.45
8	CORREIA, Joao Mota	M	102308	Abs	97	Benfica	28.19

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Event 33 05-06-2016 - 11:35	Women, 200m Butterfly Clínica Medica da Foz				Absolutos Startlist Prelim
Recordes Nacionais 50m Open	2:10.14	OLIVEIRA, Sara Freitas	POR	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Inf B	2:30.76	MIGUEL, Susana Patricia	SFUAP	Restelo	20-07-2002
Recordes Nacionais 50m Inf A	2:25.32	MIGUEL, Susana Patricia	SFUAP	Restelo	05-07-2003
Recordes Nacionais 50m Juv	2:20.75	MIGUEL, Susana Patricia	POR	Génova (ITA)	04-07-2004
Recordes Nacionais 50m 15	2:15.56	FRANCISCO, Ana Rita	POR	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m 16	2:17.11	FRANCISCO, Ana Rita	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m 17	2:12.56	OLIVEIRA, Sara Freitas	POR	Berlim (GER)	04-08-2002
Recordes Nacionais 50m 18 +	2:10.14	OLIVEIRA, Sara Freitas	POR	Beijing (CHN)	12-08-2008
Recorde Meeting	2:12.71	OLIVEIRA, Sara Freitas	POR	Porto	03-06-2011

TLP JUN\_SEN FEM 16 +: 2:29.66 / TLP INF\_JUV FEM 12 - 15: 2:42.67

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 3, 11:35</b>							
2	ORTEGA, Marina	F	47993890	Abs	00	CE Mediterrani	2:33.40
3	NEVES, Margarida Malheiro	F	121259	Abs	01	Braga	2:26.28
4	HENRIQUES, Ines Jacinto	F	120220	Abs	00	Portugal	2:20.04
5	SINDICO, Olívia	F	25925	Abs	00	Region RZW	2:24.74
6	GALLINA, Francesca	F		Abs	01	Sogeis Swim Team	2:30.00
7	LOURENCO, Alice Carmo	F	122236	Abs	02	Viana Natacao	2:42.04
<b>Heat 2 of 3, 11:35</b>							
2	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	2:31.46
3	FERNANDES, Leonor Camacho	F	126576	Abs	02	Sporting	2:25.78
4	MARTINS, Ana Beatriz	F	108375	Abs	99	Portugal	2:19.72
5	RIEMENSCHNEIDER, Kim	F		Abs	97	Region RZW	2:23.62
6	RIBEIRO, Cristiana Sofia	F	125475	Abs	00	Famalicao	2:28.67
7	FERNANDES, Filipa Viamonte	F	122198	Abs	02	Vitoria de Guimaraes/Olicargo	2:38.16
<b>Heat 3 of 3, 11:40</b>							
2	GRAVETO, Ana Raquel	F	129628	Abs	02	Benfica	2:30.37
3	PINA, Ana Sofia	F	125639	Abs	02	O Crasto	2:25.69
4	MONTEIRO, Ana Catarina	F	24320	Abs	93	Vilacondense	2:11.12
5	ZWICKY, Simone	F		Abs	92	Region RZW	2:20.92
6	BARBOSA, Mariana Fernandes	F	121985	Abs	02	Porto	2:27.22
7	TREMOCO, Raquel Antunes	F	124023	Abs	01	Sporting	2:37.97

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Event 34	Men, 200m Breaststroke				Absolutos
05-06-2016 - 11:45	VITALIS				Startlist Prelim
Recordes Nacionais 50m Open	2:13.21	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Inf B	2:38.94	SOUSA, Duarte Anastacio	CAC	Oeiras	19-07-2015
Recordes Nacionais 50m Inf A	2:32.84	REIS, Gustavo Andre	SCP	Olivais	10-08-1991
Recordes Nacionais 50m Juv B	2:24.15	SILVA, Andre Miguel	PDEM	Loul�	10-06-2006
Recordes Nacionais 50m Juv A	2:23.94	SILVA, Andre Miguel	PDEM	Coimbra	25-03-2007
Recordes Nacionais 50m 17	2:19.00	SANTOS, Andre Goncalo	LSC	Oeiras	26-07-2014
Recordes Nacionais 50m 18	2:15.99	SILVA, Andre Miguel	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	01-08-2013
Recorde Meeting	2:13.98	DUBOSCQ, Hugues	FRA	Porto	03-06-2012

TLP JUN\_SEN MASC 17 +: 2:33.19 / TLP INF\_JUV MASC 13 - 16: 2:46.51

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 4, 11:45</b>							
2	BALTAZAR, Telmo Sequeira	M	122590	Abs	00	Gafanha da Encarnacao	2:50.41
3	MAIA, Bruno Miguel	M	126783	Abs	01	Natacao da Maia	2:46.02
4	OLIVEIRA, Goncalo Santos	M	107484	Abs	00	Viana Natacao	2:44.47
5	TAVARES, Pedro Oliveira	M	117059	Abs	01	Seleccao do Interior Centro	2:45.66
6	GUIMARAES, Francisco Miguel	M	120859	Abs	01	Estamos Juntos	2:46.51
7	ALBORS, Xavier	M	47595291	Abs	02	CE Mediterrani	2:55.12
<b>Heat 2 of 4, 11:45</b>							
1	ALCOBIA, Guilherme Filipe	M	126473	Abs	01	Benfica	2:38.95
2	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	2:31.98
3	SILVA, Jorge Jesus	M	121941	Abs	00	Braga	2:24.62
4	VEGA TREJO, Juan Luis	M	9088636	Abs	97	CN Santa Olaya	2:20.20
5	ALVES, Nuno Rafael	M	25140	Abs	90	Individual Norte de Portugal	2:23.87
6	AMORIM, Alexandre Ferreira	M	103953	Abs	99	Colegio SMLamas	2:27.30
7	DOMINGUES, Bruno Pinto	M	119682	Abs	00	Ba/Bomcar	2:35.78
8	SOUSA, Jose Moreira	M	118224	Abs	01	Famalicao	2:43.24
<b>Heat 3 of 4, 11:50</b>							
1	DANTAS, Diogo Leal	M	123594	Abs	00	Sporting	2:38.79
2	SANTOS, Miguel Angelo	M	109306	Abs	00	Famalicao	2:31.39
3	VELOSO, Mario Jorge	M	112051	Abs	98	Braga	2:24.23
4	RAMOS, Filipe Carmo	M	105197	Abs	97	Vilacondense	2:19.88
5	CARRICO, Antonio Fernandes	M	106926	Abs	98	Portugal	2:21.74
6	SCHERER, Roman	M	26177	Abs	95	Region RZW	2:25.66
7	FRADE, Miguel Goncalves	M	120778	Abs	00	Seleccao de Santarem	2:34.82
8	TEIXEIRA, Tiago Filipe	M	112114	Abs	00	Foca	2:40.72
<b>Heat 4 of 4, 11:55</b>							
1	JESUS, Afonso Guilherme	M	117174	Abs	00	Sporting	2:36.39
2	VIAZZO, Giacomo	M		Abs	97	Sogeis Swim Team	2:29.13
3	COSTA, Diogo Miguel	M	110489	Abs	98	Porto	2:24.03
4	BAZZOLI, Andrea	M		Abs	94	Sogeis Swim Team	2:16.46
5	PON, Hugo	M	110164	Abs	98	Portugal	2:20.74
6	LAMPART, Maurin	M	16512	Abs	94	Region RZW	2:24.66
7	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	2:33.01
8	SILVA, Daniel Pereira	M	111055	Abs	00	Famalicao	2:39.00

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Event 35 05-06-2016 - 11:55	Women, 50m Freestyle GRAFIPRONGO				Absolutos Startlist
Recordes Nacionais 50m Open	25.73	CONCEICAO, Patricia Vilas	CNA	Oeiras	28-07-2012
Recordes Nacionais 50m Inf B	29.30	ABREU, Isabel Pinto	CFB	Restelo	31-05-2008
Recordes Nacionais 50m Inf A	27.99	GUEDES, Ana Margarida	GCVR	P�ova de Varzim	19-04-2014
Recordes Nacionais 50m Juv	27.17	GUEDES, Ana Margarida	GCVR	Coimbra	31-05-2015
Recordes Nacionais 50m 15	26.98	RODRIGUES, Ana Pinho	AEJ	Campanha	21-06-2009
Recordes Nacionais 50m 16	26.21	RODRIGUES, Ana Pinho	AEJ	Coimbra	10-04-2010
Recordes Nacionais 50m 17	26.53	RODRIGUES, Ana Pinho	AEJ	Rio Maior	02-04-2011
Recordes Nacionais 50m 18 +	25.73	CONCEICAO, Patricia Vilas	CNA	Oeiras	28-07-2012
Recorde Meeting	25.49	ALSHAMMAR, Therese	SWE	Porto	18-06-2006

TLP ABS FEMININOS : 29.59

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 5, 11:55</b>							
3	MARTINS, Mar	F	49895847	Abs	02	CE Mediterrani	31.49
4	CURTO, Dalia Sofia	F	108816	Abs	95	Clube Nacional de Natacao	29.59
5	MERINO, Sara	F	47264514	Abs	01	CE Mediterrani	31.02
<b>Heat 2 of 5, 12:00</b>							
2	COUTO, Adriana Azevedo	F	108336	Abs	00	Famalicao	29.59
3	GONZALEZ, Andrea	F	49819645	Abs	00	CE Mediterrani	29.56
4	FONSECA, Francisca Ferreira	F	121585	Abs	97	Clube Nacional de Natacao	29.45
5	ORTEGA, Marta	F	47993887	Abs	97	CE Mediterrani	29.55
6	LOURENCO, Alice Carmo	F	122236	Abs	02	Viana Natacao	29.59
7	RIBEIRO, Nina Pinto	F	116914	Abs	02	Foca	29.59
<b>Heat 3 of 5, 12:00</b>							
1	SILVA, Mariana Lopes	F	116526	Abs	99	Gafanha da Encarnacao	29.34
2	FRAGA, Julia Albuquerque	F	123700	Abs	01	Aquatico Pacense	29.12
3	NEVES, Carolina Marques	F	121422	Abs	01	Seleccao de Santarem	28.98
4	AMORIM, Maria Luis	F	102029	Abs	95	Porto	28.71
5	ROLAO, Sofia Alexandra	F	108413	Abs	98	Benfica	28.91
6	CANALS, Paula	F	47321424	Abs	00	CE Mediterrani	29.10
7	PEREIRA, Ines Eira	F	117517	Abs	99	Estamos Juntos	29.27
8	GALLEN, Neus	F	21770607	Abs	01	CE Mediterrani	29.39
<b>Heat 4 of 5, 12:00</b>							
1	ALCAUZAR, Ehari	F	46480118	Abs	99	CE Mediterrani	28.53
2	MARTINS, Ana Filipa	F	104438	Abs	97	Foca	28.33
3	KUENZLER, Sarina	F	20531	Abs	98	Region RZW	28.02
4	FARIA, Ana Rita	F	117417	Abs	00	Portugal	27.40
5	NOBREGA, Ana Sofia	F	24785	Abs	90	Ginasio de Vila Real	28.00
6	CABRAL, Maria Francisca	F	118113	Abs	00	Porto	28.13
7	SILVA, Ana Beatriz	F	112263	Abs	96	Gafanha da Encarnacao	28.45
8	FERNANDES, Maria Margarida	F	110203	Abs	99	Ginasio de Vila Real	28.59
<b>Heat 5 of 5, 12:00</b>							
1	OLIVEIRA, Rosa Maria	F	105858	Abs	96	Porto	27.06
2	SCHWERZMANN, Fabienne	F		Abs	95	Region RZW	26.88
3	FERREIRA, Catarina Maria	F	106534	Abs	98	Escola Desportiva de Viana	26.58
4	RODRIGUES, Ana Pinho	F	13372	Abs	94	Estamos Juntos	25.92
5	LEITE, Ana Sofia	F	24784	Abs	93	Ginasio de Vila Real	26.19
6	CASTRO, Adriana Daniela	F	104515	Abs	97	Individual Norte de Portugal	26.80
7	ROCCIO, Angela	F		Abs	01	Sogeis Swim Team	26.95
8	HUCHTHAUSEN, Chantal	F		Abs	99	Region RZW	27.27

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Event 36	Men, 100m Freestyle				Absolutos
05-06-2016 - 12:00	Clinica Medica da Foz				Startlist Prelim
Recordes Nacionais 50m Open	49.50	AGOSTINHO, Alexandre Escudier	POR	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Inf B	58.47	NUNES, Joao Magalhaes	CNA	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	55.53	FERRO, David Miguel	SFUAP	Campanh�	26-07-1998
Recordes Nacionais 50m Juv B	53.51	VENANCIO, Tiago Andre	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	VENANCIO, Tiago Andre	POR	Paris (FRA)	28-07-2003
Recordes Nacionais 50m 17	49.59	VENANCIO, Tiago Andre	POR	Oeiras	15-07-2004
Recordes Nacionais 50m 18	50.24	VENANCIO, Tiago Andre	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	AGOSTINHO, Alexandre Escudier	POR	Roma (ITA)	29-07-2009
Recorde Meeting	49.94	SANTANA, Matheus	BRA	Porto	08-06-2014

TLP JUN\_SEN MASC 17 +: 56.93 / TLP INF\_JUV MASC 13 - 16: 1:01.88

Pista	Nome	Sexo	Licena	Cat	Ano	Clube	Tempo
<b>Heat 1 of 11, 12:00</b>							
3	FERREIRA, Joao Renato	M	122254	Abs	01	Clube Desportivo Estarreja	1:01.88
4	COELHO, Rodrigo Manuel	M	122290	Abs	01	Clube Desportivo Feirense	1:01.77
5	PICAO, Jose Pedro	M	118898	Abs	01	Leixoes	1:01.88
<b>Heat 2 of 11, 12:05</b>							
1	FREIRE, Tiago Mendonca	M	116898	Abs	01	Leixoes	1:01.54
2	MARTINEZ, Adria	M	46497849	Abs	02	CE Mediterrani	1:01.20
3	CARBALLO PEREZ, Mario	M	58432990	Abs	01	CN Santa Olaya	1:01.15
4	VITORIA, Marcos Daniel	M	120510	Abs	00	Natacao de Valongo	1:00.90
5	QUINTA, Jorge Coelho	M	120497	Abs	01	Leixoes	1:01.14
6	FREITAS, Joao Pinto	M	122926	Abs	01	Assoc. Desportiva de Fafe	1:01.18
7	MERUJE, Joaquim Agra	M	121807	Abs	01	Seleccao do Interior Centro	1:01.28
8	COSTA, Marco Antonio	M	121638	Abs	02	Seleccao do Interior Centro	1:01.73
<b>Heat 3 of 11, 12:05</b>							
1	PAIVA, Ruben Silva	M	121893	Abs	00	Clube Desportivo Feirense	1:00.54
2	SARAIVA, Joao Leite	M	118229	Abs	01	Famalicao	59.92
3	NOGUEIRA, Alexandre Jose	M	119081	Abs	01	Fluvial Portuense	59.84
4	BARROSO, Bruno Carvalho	M	125969	Abs	01	Leixoes	59.59
5	OLIVEIRA, David Miguel	M	125696	Abs	01	Clube Desportivo Estarreja	59.79
6	MARTINS, Tomas Tavares	M	120161	Abs	01	Sport de Mirandela	59.84
7	TRAVANCA, Sergio Filipe	M	117385	Abs	00	Fluvial Portuense	1:00.48
8	GRACA, Tomas Afonso	M	127260	Abs	01	Benfica	1:00.85
<b>Heat 4 of 11, 12:05</b>							
1	MARTINS, Rui Pires	M	122177	Abs	01	Assoc. Desportiva de Fafe	59.24
2	GONCALVES, Fernando Gomes	M	123684	Abs	00	Natacao do Fundao	59.16
3	SOUSA, Joao Ribeiro	M	123014	Abs	01	Porto	59.07
4	HEINIMANN, Oliver	M	20964	Abs	89	Region RZW	58.62
5	DOMINGUES, Bruno Pinto	M	119682	Abs	00	Ba/Bomcar	58.90
6	MACHADO, Tiago Andrade	M	124457	Abs	02	Sporting Clube de Aveiro	59.15
7	CARVALHO, Luis Miguel	M	124509	Abs	00	Ginasio de Vila Real	59.19
8	FIDALGO, Mateus Valente	M	122251	Abs	01	Clube Desportivo Estarreja	59.30
<b>Heat 5 of 11, 12:10</b>							
1	BORGES, Tomas Pimentel	M	112140	Abs	00	Porto	58.35
2	FERNANDES, Eduardo Gomes	M	117625	Abs	02	HC Mealhada/Credito Agricola	58.18
3	MORAIS, Hugo Gabriel	M	108637	Abs	00	Famalicao	57.71
4	PINTO, Daniel Cipriano	M	123598	Abs	00	Sporting	57.23
5	FERNANDES, Romeu Ribeiro	M	122171	Abs	01	Assoc. Desportiva de Fafe	57.65
6	SANTOS, Tiago Andre	M	119684	Abs	00	Ba/Bomcar	58.09
7	LEAL, Ricardo Luis	M	124173	Abs	01	Seleccao de Santarem	58.24
8	PINHO, Manuel Antonio	M	126014	Abs	01	Clube Desportivo Feirense	58.56

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Event 36, Men, 100m Freestyle, Prelim

Heat 6 of 11, 12:10

1	CUNHA, Afonso Passos	M	118228	Abs	01	Famalicao	57.13
2	SOUSA, Nuno Correia	M	110484	Abs	00	Fluvial Portuense	57.04
3	ZINCA, Andrei Iulian	M	119453	Abs	00	Gafanha da Encarnacao	56.91
4	FAIA, Ricardo Alexandre	M	127384	Abs	00	Benfica	56.53
5	FERRI, Daniel	M	46418647	Abs	99	CE Mediterrani	56.55
6	VIAZZO, Giacomo	M		Abs	97	Sogeis Swim Team	57.00
7	NUNES, Joao Miguel	M	108104	Abs	00	Aquatico Pacense	57.09
8	PEREIRA, Joao Peixoto	M	121310	Abs	01	Braga	57.20

Heat 7 of 11, 12:10

1	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	56.25
2	NUNES, Diogo Barbosa	M	110529	Abs	00	Fluvial Portuense	56.16
3	FELGUEIRAS, Humberto Fernandes	M	105205	Abs	98	Natacao de Valongo	55.84
4	BOISARD, Alexis	M	505029036/Abs 51F97			CN Brest	55.80
5	ALMEIDA, Luis Carlos	M	104527	Abs	98	Aquatico Pacense	55.84
6	LEBRE, Diogo Ramos	M	122294	Abs	01	Sporting Clube de Aveiro	56.10
7	TINOCO, Joao Pereira	M	111056	Abs	00	Famalicao	56.18
8	DIONISIO, Bernardo Jose	M	123624	Abs	99	Gualdim Pais	56.34

Heat 8 of 11, 12:15

1	PERRILLON, Mathieu	M		Abs	98	CN Brest	55.53
2	PACHECO, Diogo Alexandre	M	121684	Abs	99	Bombeiros Ponta Delgada	55.26
3	TRIGO, Hugo Guilherme	M	104980	Abs	97	Sporting Clube de Aveiro	55.18
4	VOICU, Victor	M		Abs	97	Region RZW	55.11
5	JEGHER, Gabriel	M		Abs	99	Region RZW	55.12
6	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	55.24
7	GOMES, Filipe Miguel	M	107284	Abs	97	Ba/Bomcar	55.45
8	GOMES, Claudio Dias	M	105039	Abs	95	Gafanha da Encarnacao	55.55

Heat 9 of 11, 12:15

1	FREITAS, Jose Pedro	M	111446	Abs	00	Famalicao	54.67
2	FERNANDES, Jose Pedro	M	111611	Abs	99	Braga	54.20
3	KEMPTER, Felix	M	23815	Abs	97	Region RZW	53.31
4	LEUTHARD, Manuel	M	22950	Abs	98	Region RZW	51.31
5	SANTOS, Joao Duarte	M	26430	Abs	95	Benfica	52.62
6	LUZ, Jose Henriques	M	119266	Abs	99	Seleccao de Santarem	53.62
7	CLEMENTE, Bernardo Santos	M	109157	Abs	98	Ba/Bomcar	54.32
8	BAZZOLI, Andrea	M		Abs	94	Sogeis Swim Team	55.00

Heat 10 of 11, 12:15

1	SANTOS, Dario Almeida	M	22520	Abs	93	Leixoes	54.51
2	BOUTIN, Gurvan	M	505029036/Abs 18F97			CN Brest	54.08
3	SANTOS, Francisco Rogerio	M	120268	Abs	98	Portugal	52.72
4	VAZ, Luis Emanuel	M	15628	Abs	91	Famalicao	51.18
5	RIACHOS, Frederico Sucena	M	121637	Abs	98	Portugal	52.55
6	FERNANDES, Pedro Miguel	M	110494	Abs	99	Vitoria de Guimaraes/Olicargo	53.44
7	RAMOS, Eduardo Salgado	M	106796	Abs	97	Porto	54.29
8	ROYER, Elouan	M		Abs	98	CN Brest	54.96

Heat 11 of 11, 12:15

1	GRACA, Bernardo Leitao	M	14838	Abs	93	Fluvial Portuense	54.46
2	SOARES, Tiago Silva	M	108287	Abs	99	Porto	53.83
3	STAUB, Ivo	M		Abs	95	Region RZW	52.67
4	NASCIMENTO, Miguel Duarte	M	14944	Abs	95	Estrelas S.Joao de Brito	50.77
5	ASCENSAO, Joao Miguel	M	107710	Abs	97	Porto	52.46
6	VALLINA GUERRA, Adrian	M	53677981	Abs	93	CN Santa Olaya	53.40
7	RIBAS, Rafel Lages	M	12688	Abs	93	Estamos Juntos	54.27
8	SANTOS, Joao Pedro	M	105859	Abs	95	Clube Desportivo Estarreja	54.69

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Event 37	Women, 4 x 50m Medley					Absolutos
05-06-2016 - 12:20	Camara Municipal do Porto					Startlist Prelim
Recordes Nacionais 50m Open	1:56.50	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010	
Recordes Nacionais 50m 16 - 17	2:01.61	Sporting Clube de Portugal	SCP	Coimbra	31-07-2010	
Recordes Nacionais 50m 18 +	1:56.50	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010	
Recorde Meeting	1:56.55	FIN - LOMBARDIA	ITA	Porto	31-05-2008	
TLP ABS FEMININOS : 2:13.97						

Pista	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Heat 1 of 2, 12:20</u>						
2	F		Abs		Fluvial Portuense	2:14.01
3	F		Abs		Aquatico Pacense	2:10.87
4	F		Abs		Foca 1	2:07.17
5	F		Abs		Clube Nacional de Natacao 1	2:09.36
6	F		Abs		Gafanha da Encarnacao 1	2:13.61
<u>Heat 2 of 2, 12:20</u>						
2	F		Abs		Portugal 1	2:13.97
3	F		Abs		Seleccao de Santarem 1	2:09.65
4	F		Abs		Porto 1	1:59.03
5	F		Abs		CE Mediterrani 1	2:08.10
6	F		Abs		Clube Desportivo Estarreja 1	2:11.94
7	F		Abs		Assoc. Desportiva de Fafe 1	2:24.29

Event 38	Men, 4 x 50m Freestyle					Absolutos
05-06-2016 - 12:25	GRAFIPRONGO					Startlist Prelim
Recordes Nacionais 50m Open	1:32.36	Futebol Clube do Porto/Imperio Bonifacio	FCP	Faro	18-07-2009	
Recordes Nacionais 50m Jun	1:36.69	Futebol Clube do Porto/Imperio Bonifacio	FCP	Lisboa	27-03-2009	
Recordes Nacionais 50m Sen	1:32.94	Futebol Clube do Porto	FCP	Oeiras	26-07-2012	
Recorde Meeting	1:31.31	FIN - LOMBARDIA	ITA	Porto	20-06-2009	
TLP ABS MASCULINOS : 1:46.21						

Pista	Sexo	Licença	Cat	Ano	Clube	Tempo
<u>Heat 1 of 2, 12:25</u>						
2	M		Abs		Portugal 1	1:46.21
3	M		Abs		Seleccao de Santarem 1	1:44.96
4	M		Abs		CN Santa Olaya 1	1:36.66
5	M		Abs		Braga 1	1:42.33
6	M		Abs		Fluvial Portuense 1	1:45.76
<u>Heat 2 of 2, 12:25</u>						
2	M		Abs		Clube Desportivo Estarreja 1	1:45.87
3	M		Abs		Aquatico Pacense 1	1:44.93
4	M		Abs		Porto 1	1:34.84
5	M		Abs		CN Brest 1	1:37.00
6	M		Abs		Foca 1	1:45.21
7	M		Abs		CE Mediterrani 1	1:50.68

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Event 39	Women, 800m Freestyle				Absolutos
05-06-2016 - 12:30	GRAFIPRONGO				Startlist
Recordes Nacionais 50m Open	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Recordes Nacionais 50m Inf B	9:30.42	RUIVO, Filipa Vilas	DNMG	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	9:14.85	SILVA, Alexandra Maria	POR	Skovde (SWE)	10-08-1980
Recordes Nacionais 50m Juv	9:07.70	SILVA, Alexandra Maria	POR	Split (CRO)	10-09-1981
Recordes Nacionais 50m 15	8:50.68	HOLUB, Tamila Hryhorivna	SCB	Oeiras	27-07-2014
Recordes Nacionais 50m 16	8:45.53	HOLUB, Tamila Hryhorivna	POR	Coimbra	30-05-2015
Recordes Nacionais 50m 17	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Recordes Nacionais 50m 18 +	8:43.58	DURAES, Diana Margarida	FCP	Oeiras	13-03-2016
Recorde Meeting	8:41.51	COOKE, Rebecca	GBR	Porto	03-06-2007

TLP ABS FEMININOS : 10:04.36

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 2, 12:30</b>							
2	BARBOSA, Sara Lopes	F	118181	Abs	00	Aquatico Pacense	10:02.45
3	AGOSTINHO, Catia Iordan	F	127312	Abs	02	Rio Maior	9:49.51
4	DIAS, Maria Beatriz	F	108045	Abs	99	Seleccao de Santarem	9:47.44
5	ROSA, Mafalda Sofia	F	127310	Abs	03	Rio Maior	9:48.49
6	FERREIRA, Beatriz Marques	F	122579	Abs	00	Campinho	9:50.23

Heat 2 of 2, scheduled in session 4 at 16:35

1	FERNANDES, Maria Joao	F	102092	Abs	97	Vilacondense	9:31.01
2	WUETHRICH, Rachel	F		Abs	95	Region RZW	9:27.09
3	AMORIM, Maria Teresa	F	20104	Abs	97	Porto	9:04.80
4	HOLUB, Tamila Hryhorivna	F	116887	Abs	99	Portugal	8:45.53
5	SUAREZ GONZALEZ, Gracia	F	53679181	Abs	00	CN Santa Olaya	8:59.51
6	ORTIZ DE GUINEA BASTON, Alba	F	52781271	Abs	97	CN Santa Olaya	9:12.57
7	REICH, Jill Vivian	F	19732	Abs	98	Region RZW	9:28.28
8	SILVA, Rafaela Araujo	F	119630	Abs	00	Famalicao	9:43.98

Event 40	Men, 400m Medley				Absolutos
05-06-2016 - 12:40	TURBO				Startlist
Recordes Nacionais 50m Open	4:16.30	SANTOS, Alexis Manacas	POR	Barcelona (ESP)	04-08-2013
Recordes Nacionais 50m Inf B	4:54.87	RUIVO, Andre Vilas	DNMG	S. João da Madeira	12-07-2013
Recordes Nacionais 50m Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Póvoa Varzim	23-07-2004
Recordes Nacionais 50m Juv B	4:37.06	VITAL, Joao Alexandre	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:32.66	VITAL, Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Recordes Nacionais 50m 17	4:25.23	VITAL, Joao Alexandre	POR	Singapore (SIN)	29-08-2015
Recordes Nacionais 50m 18	4:23.85	VITAL, Joao Alexandre	SCP	Oeiras	11-03-2016
Recordes Nacionais 50m Sen	4:16.30	SANTOS, Alexis Manacas	POR	Barcelona (ESP)	04-08-2013
Recorde Meeting	4:22.86	BATTISTELLA, Giorgio	ITA	Porto	21-06-2009

TLP ABS MASCULINOS : 4:54.74

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo
<b>Heat 1 of 2, 12:40</b>							
2	PINA, Guilherme Filipe	M	107450	Abs	98	Portugal	4:54.74
3	CARVALHO, Alexandre Magno	M	108284	Abs	98	Fluvial Portuense	4:51.45
4	PINTO, Antonio Fernando	M	109280	Abs	99	Portugal	4:44.04
5	PERLOIRO, Bernardo Goya	M	120635	Abs	00	Sporting	4:46.70
6	CAMPOS, Tiago Filipe	M	116573	Abs	99	Seleccao de Santarem	4:53.84

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Event 40, Men, 400m Medley

Heat 2 of 2, scheduled in session 4 at 16:30

1	SAMPAIO, Jose Pedro	M	108295	Abs	98	Foca	4:43.83
2	CARVALHO, Jose Paula	M	111450	Abs	98	Portugal	4:42.59
3	NUNEZ ALVAREZ, Antonio	M	71678944	Abs	95	CN Santa Olaya	4:36.04
4	VITAL, Joao Alexandre	M	110165	Abs	98	Portugal	4:23.85
5	ALVES, Nuno Rafael	M	25140	Abs	90	Individual Norte de Portugal	4:32.44
6	BESSA, Antonio Rafael	M	102089	Abs	94	Aquatico Pacense	4:41.31
7	AKCAY, Tolunay	M	30097	Abs	98	Region RZW	4:42.89
8	CORREIA, Joao Mota	M	102308	Abs	97	Benfica	4:43.95

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