

**31th INTERNATIONAL SWIMMING MEETING PORTO
07 – 08 June 2014**



Campanh  Swimming Pool

REGULATIONS

1. RULES

- 1.1 The competition is organised according to FINA and FPN regulations;
- 1.2 It will be held on June 07th and June 08th 2014, at Campanh  Swimming Pool (50 m, 8 lanes, heated);
- 1.3 **The contest will be organised in two parts:**
- 1.3.1 Preliminary heats and slow heat (400mMedley/800mFreestyle/1500mFreestyle) in the morning sessions, according to the entry times;
- 1.3.2 Finals A and fast heat (400mMedley/800mFreestyle/1500mFreestyle) in the afternoon sessions; Swimmers qualified with the 1 to 8 times in the Preliminary heats will perform Finals A (9 and 10 times are expected to be reserves);
- 1.4 The 800, 1500 m Freestyle and 400 m Medley races are held at slow and fast heat. The best 16 entry times will only be admitted. This fast heat will be realized in afternoon session (8 best times) and the slow heat will be realized in morning session (last 8 times). These times have to be performed in a long course pool in the season up to the entrance date. **Swimmers qualified with the 17, 18, 19 and 20 times will be substitutes.**
- 1.6 **Super-Sprint:** This event will take place after the relay. This competition, of 50m of each style and technique, will be organized with the eight better heat times. This event will take place with heats, happening elimination on every three, eliminating in the 1st, 2nd and 3rd heats 2 swimmers and leaving for the 4th heat the two finalists.
2. Participation is OPEN - Absolute;

TIME LIMITS FOR PARTICIPATION (TLP):

Women		Male
Born in 1999 - 2002	Heats	Born in 1998 - 2001
1.10.50	100 Freestyle	1.03.50
2.32.00	200 Freestyle	2.15.00
5.15.50	400 Freestyle	4.45.50
1.18.50	100 Backstroke	1.10.50
2.49.00	200 Backstroke	2.32.00
1.27.50	100 Breaststroke	1.19.50
3.10.50	200 Breaststroke	2.53.00
1.16.00	100 Butterfly	1.08.00
2.47.50	200 Butterfly	2.31.00
2.47.50	200 Medley	2.35.00

Women	Heats	Male
ABSOLUTES 1998 and older		ABSOLUTES 1996 and older
01.05.50	100 Freestyle	00.59.00
02.22.00	200 Freestyle	02.08.50
05.00.00	400 Freestyle	04.33.00
01.13.00	100 Backstroke	01.05.50
02.38.00	200 Backstroke	02.22.50
01.22.00	100 Breaststroke	01.14.00
02.57.00	200 Breaststroke	02.40.00
01.12.00	100 Butterfly	01.03.00
02.38.00	200 Butterfly	02.20.50
02.38.00	200 Medley	02.23.50

Women	Heats	Male
ABSOLUTES 2002 and older		ABSOLUTES 2001 and older
00.31.00	50 Freestyle	00.27.50
10.15.00	800/1500 Freestyle	18.10.00
00.35.50	50 Backstroke	00.32.00
00.39.00	50 Breaststroke	00.35.00
00.33.00	50 Butterfly	00.29.50
05.40.00	400 Medley	05.15.00
02.05.00	4X50 Freestyle	01.50.00
02.20.00	4X50 Medley	02.05.00

- 2.1 If the number of participants (enrolments) in a trial is below 9 there will be a direct final.
- 2.2 Each Club or team can only enrol one relay team per event;
- 2.3 The composition of the relay teams must be supplied to the Jury at the beginning of each preliminary /final;
- 2.4 Any enrolled swimmer or relay team will have to, at least, match the TLP at the participated finals to be awarded the correspondent prize;
- 2.5 If the TLP is not attained during preliminaries and the swimmer will not access final A, the Club or team will be fined for each (30 €).
- 2.6 If the TLP is not attained during final A, the Club or team will be fined for each (30 €).
- 2.7 If the TLP is not attained during preliminaries, but the swimmer will access final A, the organisation will wait until the results of the finals in the afternoon. If the TLP is not attained during finals A the club or team will be fined for each (30 €).

- 2.8 There will be a classification for clubs/teams for which points will be awarded according to the table below and as long as the respective TLP has been attained, either in individual or in relay events:

Final A							
1st	2nd	3rd	4th	5th	6th	7th	8th
10	7	6	5	4	3	2	1

- 2.9 If there is a tie between two or more swimmers, punctuation resulting from the position attained will be added to the clubs represented. The number of points obtained will then be divided by the swimmers in question.
- 2.10 For the 50m event the punctuation will be determined by the preliminary heats. The first eight places will punctuate as long as the time scored is not higher than T.L.P.
- 2.11 For the relay events, the points to be awarded will be the double of the ones of the individual events.
- 2.12 **To the Portuguese swimmers that will represent the Portuguese National Team, the individual event points will be assigned to the teams they are affiliated.**
- 2.13 The organisation can change the schedule of the trials in case of absolute necessity.
- 2.14 All clubs (members of the several Associations) as well as all national and foreign teams invited can participate.
- 2.15 Any absence, which has not been communicated to the Organisation until 30´ before the beginning of a session will be fined (50 €)
- 2.16 Any absence to the final, which might have, has not been communicated to the Organisation until 30´ after the last heat of the respective event, will be fined. (80 €)

3. ENROLMENTS

- 3.1 Clubs or teams must submit their preliminary applications until May 16th, 2014, including the indication of the expected number of swimmers, coaches and managers.
- 3.2 Final enrolments with payment receipt (Clubs or teams that do not send this receipt will not be accepted) must be made prior to May 23th, 2014 to the following address:

Associação de Nataç o do Norte de Portugal
Rua Ant nio Pinto Machado, 60
4100-068 Porto
Telef: +351-22-6091652
E-mail: meeting.porto@annp.pt
Website: www.annp.pt/portomeeting14

- 3.3 After May 23th, 2014, no further changes or replacements will be accepted.
- 3.4 The registration of an individual swimmer must be accompanied by a fee of 4€ per event.
- 3.5 The registration fee for relay events will be of 8€.
- 3.6 The North Portugal Swimming Association reserves the right to demand a guarantee cheque.

4. **PRIZES**

Individual Prizes:

- 4.1 The first three places in each final "A" will be awarded a medal.

Individual Prizes by points

The best male and female swimmers, that will obtain according to the FINA 2013 chart the best score in any of the events, will be awarded trophies.

5. **Collective prizes:**

- 5.1 There will be cups to be awarded to the three best clubs or teams.

6. **JURY OF APPEAL**

Any protest should be stated to the Referee and based is matter of law, in order to be accepted. Protests based in matters of fact will be refused, after appreciation by the Jury of Appeal, formed by the President of the Technical Committee and the President of the Committee of Judges.

7. PROGRAMME

SATURDAY, 07-06-2014 - 9.00 hours

Warm-up

7.30 am to 8.50 am

Preliminaries

100 m	Freestyle	Women	Heats	Final A
200 m	Freestyle	Men	"	Final A
50 m	Breaststroke	Women	"	
100 m	Breaststroke	Men	"	Final A
100 m	Backstroke	Women	"	Final A
50 m	Backstroke	Men	"	
200 m	Butterfly	Women	"	Final A
100 m	Butterfly	Men	"	Final A
400 m	Freestyle	Women	"	Final A
200 m	Medley	Men	"	Final A
200 m	Breaststroke	Women	"	Final A
50 m	Freestyle	Men	"	
50 m	Butterfly	Women	"	
200 m	Backstroke	Men	"	Final A
4x50 m	Medley	Women	"	Final A
4x50 m	Freestyle	Men	"	Final A
400 m	Medley	Women	Slow heat	
1500m	Freestyle	Men	Slow heat	

Super Sprint

50m	Breaststroke	Women	Heats
50m	Freestyle	Men	Heats
50m	Butterfly	Women	Heats
50m	Backstroke	Men	Heats

The fast heat of 400m Medley and 1500m Freestyle will take place at the beginning of finals.

SUNDAY, 08-06-2014 – 9.00 hours

Warm-up
7.30 am to 8.50am

Preliminaries

100 m	Freestyle	Men	Heats	Final A
200 m	Freestyle	Women	"	Final A
50 m	Breaststroke	Men	"	
100 m	Breaststroke	Women	"	Final A
100 m	Backstroke	Men	"	Final A
50 m	Backstroke	Women	"	
200 m	Butterfly	Men	"	Final A
100 m	Butterfly	Women	"	Final A
400 m	Freestyle	Men	"	Final A
200 m	Medley	Women	"	Final A
200 m	Breaststroke	Men	"	Final A
50 m	Freestyle	Women	"	
50 m	Butterfly	Men	"	
200 m	Backstroke	Women	"	Final A
4x50 m	Medley	Men	"	Final A
4x50 m	Freestyle	Women	"	Final A
400m	Medley	Men	Slow heat	Fast heat
800m	Freestyle	Women	Slow heat	Fast heat

Super Sprint

50m	Breaststroke	Men	Heats
50m	Freestyle	Women	Heats
50m	Butterfly	Men	Heats
50m	Backstroke	Women	Heats

The fast heat of 400m Medley and 800m Freestyle will take place at the beginning of finals.

Finals A

SATURDAY, 07-06-2014
16.00 hours: competition

SUNDAY, 08-06-2014
16.00 hours: competition