

ASSOCIAÇÃO DE NATAÇÃO DO NORTE DE PORTUGAL

**INTERNATIONAL SWIMMING
MEETING
PÓVOA DE VARZIM**



**Swimming Pool Póvoa de Varzim
February, 14th and 15th 2015**

6th International Swimming Meeting – P voa de Varzim

1. Regulations

1.1. The competition is organised accordingly to the FINA and FPN regulations.

1.2. It will be held on February 14th and 15th, at the P voa de Varzim Municipal Swimming Pool. The covered pool has Olympic dimension and 8 lanes.

1.3. The competition will take place in two distinct parts:

1.3.1. Preliminary Heats, set according the seeded swimmers and entry times, and Slow Heat (400m Medley and 800/1500m Freestyle), in the morning sessions.

1.3.2. A and B Finals and Fast Heat, in the afternoon sessions. Swimmers qualified from the 1st to the 8th entry, in the Preliminary sessions will perform the A final (the 9th and 10th entries will be reserves). Swimmers from the 9th and 16th entries will hold the B finals (the 17th, 18th, 19th and 20th entries will be reserves).

1.4. The 800/ 1500m Freestyle and 400m Medley races are held at slow and fast heat. The best 24 entry times, from the last 12 months and obtained in a 50 metres swimming-pool, will be considered until the Swimming Meeting enrolment deadline. The best 8 times will perform the Fast Heat during the afternoon, while the remaining 16 times compete in the Slow Heat in the morning. The 25th, 26th, 27th and 28th entries are expected to be reserves.

In case of tie there will be a swim-off between the involved athletes.



2. Participation is Open Absolute.

Time Limits required to participate:

GIRLS	HEATS	BOYS
2000 to 2003		1999 to 2002
01.13,84	100 FREESTYLE	01.04,35
02.40,45	200 FREESTYLE	02.21,67
05.37,68	400 FREESTYLE	05.01,98
01.22,49	100 BACKSTROKE	01.12,54
02.56,57	200 BACKSTROKE	02.34,48
01.30,31	100 BREASTSTROKE	01.19,31
03.14,36	200 BREASTSTROKE	02.53,17
01.16,39	100 BUTTERFLY	01.08,15
02.49,18	200 BUTTERFLY	02.31,02
02.56,11	200 MEDLEY	02.35,21

GIRLS	HEATS	BOYS
ABSOLUTES 1999 + older		ABSOLUTES 1998 + older
01.06,74	100 FREESTYLE	00.58,16
02.25,02	200 FREESTYLE	02.08,05
05.05,02	400 FREESTYLE	04.32,94
01.14,55	100 BACKSTROKE	01.05,26
02.39,59	200 BACKSTROKE	02.19,63
01.21,63	100 BREASTSTROKE	01.11,69
02.55,67	200 BREASTSTROKE	02.36,52
01.09,04	100 BUTTERFLY	01.01,59
02.32,91	200 BUTTERFLY	02.16,50
02.39,18	200 MEDLEY	02.20,28

GIRLS	HEATS	BOYS
ABSOLUTES 2003 + older		ABSOLUTES 1999 + older
00.30,23	50 FREESTYLE	00.26,27
10.22,00	800/1500 FREESTYLE	17.56,56
00.34,54	50 BACKSTROKE	00.30,29
00.37,13	50 BREASTSTROKE	00.33,09
00.32,04	50 BUTTERFLY	00.27,87
05.37,05	400 MEDLEY	05.01,05
02.04,81	4X50 FREESTYLE	01.48,52
02.16,89	4X50 MEDLEY	01.59,89

2.1. A single final may occur if the number of swimmers (applications) in a race is inferior to 9.

2.2. If that number is inferior to 16, B final won't occur.

2.3. Each club or team can only be represented by one relay team, per event.

2.4. In the relay event only A Final is expected.

2.5. Each relay team should present its member composition to the Jury at the beginning of each preliminary/ final.

2.6. Any swimmer or relay team should, at least, match the time limits for participation at any final, in order to obtain the prize and punctuation for their club.

2.7. If the time limit required to participate is not attained during the preliminary heats and the swimmer does not reach the A or B final, there will be a fee of 15€ to be paid.

2.8. If the time limit required is not attained during the A and B finals, the club will be fined with 10€.

2.9. If the time limit required is not attained during the preliminary heats and the swimmer reaches the A or B final, the results obtained in the A or B final will dictate a resolution, during the afternoon sessions. If the time limit required is not attained during the A and B finals, the club will be fined with 10€.

2.10. There will be a general classification per clubs/ teams, to award swimmers accordingly to the tables below, as long as the time limits required are attained:

FINAL A							
1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
20	16	14	13	12	11	10	9

FINAL B							
9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
8	7	6	5	4	3	2	1



2.11. If there is a tie between two or more swimmers, punctuation resulting from the position attained will be added to the clubs represented. The number of points obtained will then be divided by the swimmers in question.

2.12. Concerning the relay events, the punctuation given doubles the ones of individual events.

2.13. The Organization reserves the right to change the events schedule, when forced to do so.

2.14. All clubs invited and linked to several Associations may participate as well as foreign clubs and teams invited by the Organization.

2.15. Any absence non-communicated to the Organization by a club with 30 min in advance, before the beginning of a session, will be fined with 50 €.

2.16. Any absence in A or B final non communicated to the Organization by a club with 30 min in advance, after the previous heat, will be fined with 80€.

3. Enrolments

3.1. All clubs or teams should submit their applications before the 26th of January 2015, indicating the number of swimmers, coaches and managers.

3.2. Final enrolments and payment must be presented before the 2nd of February (otherwise may not be admitted) to the following address:

Associaç o de Nataç o do Norte de Portugal

Rua Ant nio Pinto Machado, 60 – 4100-068 Porto

☎ +351-22-6091652

☎ +351-22-6001207

E-mail: meeting.povoa@annp.pt

<http://www.annp.pt/povoameeting15/>



- 3.3. After the 2nd of February 2015, no further changes or replacements will be allowed.
- 3.4. The registration of an individual swimmer implicates a fee of 3€
- 3.5. The registration fee for relay events is 5€

4. Prizes

4.1. Individual Prizes

- 4.1.1. The first three positions reached in each A final will be awarded with a medal.

4.2. Individual Prizes (according to punctuation)

- 4.2.1. The best absolute swimmer (male and female) having attained the highest punctuation according to the FINA table, in any final, will be awarded trophies:

4.3. Collective Prizes:

- 4.3.1. The 3 highest ranked clubs or better classified teams will be awarded with trophies.

Jury of appeal

Any protest should be stated to the Referee and based is matter of law, in order to be accepted. Protests based in matters of fact will be refused, after appreciation by the Jury of Appeal, formed by the President of the Technical Committee and the President of the Committee of Judges.

Programme

Warm up

Saturday, 14/02/2015

From 7h30 am to 8h45 am

PRELIMINARY HEATS

Saturday, 14/02/2015

09h00 am: beginning of the competition

100 m	Freestyle	Women	Heats	A-B
200 m	Freestyle	Men	"	A-B
50 m	Breaststroke	Women	"	A-B
100 m	Breaststroke	Men	"	A-B
100 m	Backstroke	Women	"	A-B
50 m	Backstroke	Men	"	A-B
200 m	Butterfly	Women	"	A-B
100 m	Butterfly	Men	"	A-B
400 m	Freestyle	Women	"	A-B
200 m	Medley	Men	"	A-B
200 m	Breaststroke	Women	«	A-B
50 m	Freestyle	Men	"	A-B
50 m	Butterfly	Women	"	A-B
200 m	Backstroke	Men	"	A-B
4x50 m	Medley	Women	"	A
4x50 m	Freestyle	Men	"	A
400 m	Medley	Women	Slow Heat	
1500 m	Freestyle	Men	Slow Heat	

The fast heat of 400m Medley and and 1500m freestyle will take place at the beginning of finals.

Warm up

Saturday, 14/02/2015

From 14h30 pm to 15h 50pm

Finals A and B

Saturday, 14/02/2015

16h00 pm: beginning of the competition



Warm up

Sunday, 15/02/2015

From 7h30 am to 8h45 am

PRELIMINARY HEATS

Sunday, 15/02/2015

09h00 am: beginning of the competition

100 m	Freestyle	Men	Heats	A-B
200 m	Freestyle	Women	"	A-B
50 m	Breaststroke	Men	"	A-B
100 m	Breaststroke	Women	"	A-B
100 m	Backstroke	Men	"	A-B
50 m	Backstroke	Women	"	A-B
200 m	Butterfly	Men	"	A-B
100 m	Butterfly	Women	"	A-B
400 m	Freestyle	Men	"	A-B
200 m	Medley	Women	"	A-B
200 m	Breaststroke	Men	"	A-B
50 m	Freestyle	Women	"	A-B
50 m	Butterfly	Men	"	A-B
200 m	Backstroke	Women	"	A-B
4x50 m	Medley	Men	"	A
4x50 m	Freestyle	Women	"	A
400 m	Medley	Men Freestyle	Slow Heat	
800 m	Freestyle	Women Men	Slow Heat	

The fast heat of 400m Medley and 800m Freestyle will take place at the beginning of finals.

Warm up

Sunday, 15/02/2015

From 14h30 pm to 15h50 pm

FINALS A and B

Sunday, 15/02/2015

16h00 pm: beginning of the competition



Record times of P ova de Varzim International Swimming Meeting

	Women		Date
50 m Freestyle	Erica Buratto ITA	00.26.42	06-02-2011
100 m Freestyle	Jana Miskova CZE	00.56.94	28-01-2007
200 m Freestyle	Erica Buratto ITA	02.03.40	06-02-2011
400 m Freestyle	Giulia Bolgiani ITA	04.19.16	06-02-2010
800 m Freestyle	Susanna Negri ITA	08.51.43	06-02-2011
4 x 50 m Freestyle	Start	01.46.22	
50 m Breaststroke	Yuliya Banach ISR	00.32.73	07-02-2009
100 m Breaststroke	Start	01.10.09	
200 m Breaststroke	Start	02.29.51	
50 m Backstroke	Mercedes Minguet ESP	00.28.36	06-02-2011
100 m Backstroke	Mercedes Minguet ESP	01.01.62	05-02-2011
200 m Backstroke	Start	02.16.28	
50 m Butterfly	Amit Ivry ISR	00.26.97	06-02-2010
100 m Butterfly	Amit Ivry ISR	00.58.96	07-02-2010
200 m Butterfly	Start	02.12.56	
200 m Medley	Marussia Pietrocola ITA	02.18.52	06-02-2011
400 m Medley	Susanna Negri ITA	04.50.31	05-02-2011
4 x 50 m Medley	Start	01.56,50	
	Men		Date
50 m Freestyle	Rafed El-Masri GER	00.22.86	07-02-2009
100 m Freestyle	Start	00.49.59	
200 m Freestyle	Start	01.49.98	
400 m Freestyle	Start	03.55.57	
1500 m Freestyle	Start	15.21.94	
4 x 50 m Freestyle	Start	01.32.36	
50 m Breaststroke	Kevin Swander USA	00.28,05	08-02-2009
100 m Breaststroke	Start	01.02.17	
200 m Breaststroke	Start	02.14.90	
50 m Backstroke	Benedict Hensen USA	00.25.36	07-02-2009
100 m Backstroke	Mirco Di Tora ITA	00.54.88	08-02-2009
200 m Backstroke	Yakov-Yan Zurablov ISR	02.00.71	06-02-2010
50 m Butterfly	Start	00.24.38	
100 m Butterfly	Start	00.53.53	
200 m Butterfly	Start	01.59.99	
200 m Medley	Start	02.02.80	
400 m Medley	Aaron Opell USA	04.25,14	06-02-2011
4 x 50 m Medley	Start	01.43.41	